

# A New Year, a New Focus

## *The Sneak Thief of Sight*

Glaucoma symptoms can start so slowly that people may not notice them; up to 50% of people who have it are unaware.

There's no cure for glaucoma, but early treatment can often stop the damage and protect vision ...

January is  
*Glaucoma*  
Awareness Month

[Read more on page 3 & 6](#)

### *also this month ...*

**National Human  
Trafficking  
Prevention Month**

*See page 8, 14*



**Cervical  
Health  
Awareness  
Month**

*See page 7, 18*



## Our Community Health Center members

**219**Health  
NETWORK

**ADULT & CHILD**  
HEALTH

**Alliance**  
HEALTH CENTERS

**Ascension**  
St. Vincent

**Aspire**  
Indiana Health

**BOWEN**  
CENTER

**CENTERSTONE**  
HEALTH SERVICES

**CHN**  
Community HealthNet  
Health Centers

**ECHO**  
COMMUNITY + HEALTHCARE

**edgewater**  
health

**ESKENAZI**  
HEALTH  
CENTER

**Family**  
Health  
Center

**Family Health Centers**  
of Southern Indiana

**family**  
HEALTH CLINIC

**Greene County Health**

**HAMILTON**  
CENTER, INC.

**HealthLinc**  
YOUR COMMUNITY HEALTH CENTERS

**HealthNet**  
Your Health. Our Passion.

**Heart City Health**

**IHC**  
INDIANA HEALTH CENTERS  
Your Pathway to Health

**Jane Pauley**  
Community  
Health Center

**KNOX WINAMAC**  
Community Health Center

**LifeSpring**  
Health Systems

**Maple City**  
Health Care Center

**Marram**  
Health Center

**MERIDIAN**  
HEALTH Services  
Physical. Mental. Social Well-Being

**Neighborhood**  
Health Center  
Our Community. Our Neighbors. Our Patients

**neighborhood**  
HEALTH

**NorthShore**  
HEALTH CENTERS

**OPENDOOR**  
HEALTH SERVICES

**Raphael**  
Health Center

**REGIONAL**  
HEALTH SYSTEMS

**Riggs**  
community health center  
Empowering Health. Inspiring Change

**SOUTHERN INDIANA**  
Community  
Health Care

**TULIP TREE**  
FAMILY HEALTH CARE

**Valley Professionals**  
Community Health Center

**WVHC**  
WABASH VALLEY HEALTH CENTER

**Well Care**  
Community Health

**WindRose**  
Health Network

**IPHCA**<sup>TM</sup>  
Indiana  
Primary Health Care  
Association



Letter from Sean...

## Welcome to 2024!

**As the new calendar year begins, we are all about focus here at IPHCA.** Operationally, we are focusing

on the last quarter of the IPHCA financial year and making plans for next year. The staff, board, and committees have been busy developing strategic plans, budgets, and grant continuation submissions to take us into the 2023-24 fiscal year and beyond.

As we turn the page in the calendar, it also means we have another year of life's experience under our belt, and it's time to begin another trip around the sun. Our patients and many of us have a list of resolutions, hopes, and focus for ourselves in the new year. We want to help our patients maintain their focus as well. **January is National Glaucoma Awareness Month.** This effort is supported by the **American Academy of Ophthalmology (AAO)** and the **National Eye Institute (NEI)**.

This awareness campaign focuses on highlighting the dangers of glaucoma. The symptoms can start so slowly that people may not notice them; up to 50% of people who have it are unaware. A comprehensive dilated eye exam is the only way to determine if someone has glaucoma.

There's no cure for glaucoma, but early treatment can often stop the damage and protect vision. Anyone can get glaucoma, but some people are at higher risk. Those with higher risk include people who are over age 60, particularly Hispanic/Latino, are African American and over age 40, diabetic patients, and those who have a family history of glaucoma.

*You can find patient-use glaucoma resources in both English and Spanish online at the NIH National Eye Institute website - [click here](#).*

Focusing further into the year, we are excited to share an update on the **2024 Annual Conference**. We are finalizing the details to come together again in October of this year for two full days of learning, sharing, and networking. Last year, we took our conference to a new location, beginning our plan to host the conference each year in different parts of the state. We anticipate announcing this year's host site and the exact dates in early February.

***Wishing you a focused and happy new year!***

**Sean**

Sean Herbold, IPHCA CFO

## IPHCA Monthly

### CONTENTS

## January 2024

|  |                |
|--|----------------|
| <b>IPHCA Resources</b>                 | <b>4</b>       |
| <b>IPHCA Outreach &amp; Enrollment</b> | <b>5</b>       |
| <b>IPHCA Clinical</b>                  | <b>6 - 12</b>  |
| <b>IPHCA Oral Health</b>               | <b>13 - 15</b> |
| <b>IPHCA Policy 2023 Review</b>        | <b>16 - 17</b> |
| <b>IQIN</b>                            | <b>18 - 20</b> |

>>> **Clickable links** are provided throughout this newsletter - please notify us of any missing or incorrect links.

Any comments or suggestions please contact **Sean Herbold**, IPHCA CFO.

If you have not so already, **please follow us on Facebook!**



Also **visit our website** to find links to **previous issues**, an **events calendar**, our **resource center** and more!

**Indiana Primary Health Care Association**  
**150 West Market Street, Suite 520**  
**Indianapolis, IN 46204**  
**Phone: 317.630.0845**  
**[info@indianapca.org](mailto:info@indianapca.org)**

© 2023 IPHCA All Rights Reserved.

**DISCLAIMER** This monthly magazine is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of awards totaling \$947,013 with 5% financed with non-governmental sources, and \$1,040,817 with 5% financed with non-governmental sources.

The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, HRSA, HHS, or the U.S. Government. For more information, please visit **[HRSA.gov](https://www.hrsa.gov)**



Magazine design & production by  
**John Fordham Design**



## UPDATES & NEWS

Our **Resource Center** is your first stop for all learning, news, webinars and updates - everything our community health center membership needs.



To contribute resources, or if you have any questions or updates, please contact  
**Sean Herbold**  
[sherbold@indianapca.org](mailto:sherbold@indianapca.org)  
or call: 317.630.0845

## Training Opportunities

### IUI ECHO Center

Join, Network, Learn Best Practices, and Earn Continuing Education Credits.

The **IU Indianapolis ECHO Center** uses the **Project ECHO model** to create a peer-to-peer, virtual learning collaborative that increases workforce capacity. Rather than moving patients, ECHO moves knowledge and helps more patients receive the right care, in the right place, at the right time.

Each session features a **didactic presentation** shared by a subject matter expert and a **de-identified case presentation** shared by a participating ECHO learner. Didactic presentations offer timely guidance on best practices in care, while case presentations allow participants to gather recommendations on clinical care and resources **to best serve their patients**. Presenting a patient case during an ECHO may fulfill community education criteria and count towards a Community Based Bonus.



**All healthcare professionals are invited to join ECHO's virtual sessions as your schedule allows. You can join anytime throughout the programming year!**

### LGBTQ+ Health ECHO

The LGBTQ+ ECHO connects clinical and non-clinical providers who are interested in learning how to provide culturally competent and evidence-based care for LGBTQ+ patients. Each session includes a didactic presentation on a topic related to LGBTQ+ healthcare followed by a real de-identified patient case presentation.



Virtual sessions meet regularly on the 2nd & 4th Wednesday of each month from 2:30 – 4:00 pm Eastern via Zoom.

Upcoming didactic topics in January and February will feature training on:

- January 10, 2024 | Supporting Families of Trans Youth
- January 24, 2024 | Gender-Affirming Surgeries and Procedures Part I: Top Surgery
- February 14, 2024 | Gender-Affirming Surgeries and Procedures Part II: Bottom Surgery
- February 28, 2024 | Gender-Affirming Surgeries and Procedures Part III: Bottom Surgery

Register for the LGBTQ+ Health ECHO **using this link**, or email Caroline Kryder-Reid at [ckryderr@iu.edu](mailto:ckryderr@iu.edu) with any questions.

### Point of Care Ultrasound ECHO

**Point of Care Ultrasound (POCUS)** utilizes portable, easy-to-use, and affordable ultrasound technology that allows for quicker discovery of medical issues right at the point of care. The addition of POCUS in clinical care settings improves provider accuracy, quality of care, and patient outcomes. Research demonstrates the benefits of POCUS technology for improving health equity particularly in rural settings. Practitioners who are both new and experienced at using POCUS are encouraged to join.

Virtual sessions meet on the 2nd & 4th Monday of each month from 12:00 – 1:00 pm Eastern via Zoom.



Join us for our upcoming didactic topics:

- January 8, 2024 | Vascular POCUS
- January 22, 2024 | Gallbladder POCUS // Liver POCUS // Small Bowel POCUS

To register, **click this link** or email Norelimane Bouzar at [nbouzar@iu.edu](mailto:nbouzar@iu.edu) with any questions.

**>>> Click here to see this resource**

*Project ECHO is a movement to demonopolize knowledge and amplify capacity to provide best practice care and improve health for people all over the world.*

# IPHCA™ Outreach & Enrollment

## NEWS & UPDATES



To give feedback or provide resources for the O&E section of this newsletter please contact Jenny Walden:

[jwalden@indianapca.org](mailto:jwalden@indianapca.org)  
or call: 317.630.0845

[Click here to view our O&E resources](#)

[>>> Click here for the latest Medicaid Unwinding updates](#)

### Webinar

#### Elder Law and Medicaid

Monday January 22 at 11 am

Bridget M McDaniel with **Williams Barrett & Wilkowski, LLP** presents on **Elder Law and Medicaid**.

Elderly people face many challenges: limited income, declining health, and much more. These challenges can be managed more effectively with professional assistance.

During this presentation, you will learn about the practice of Elder Law and Medicaid.

[>>> Click here for more info and to register](#)

### Letter from Jenny

## 2023 ... What a year!

2023 has been dominated by the end of the public health emergency and the unwinding of the continuous enrollment. Millions of Hoosiers are undergoing a redetermination process, and thousands are losing coverage. There are so many challenges through this whole process. But one underlying truth through it all is **you**.

You are the front-line workers sacrificing your compassion, empathy, and heart, reaching out to those who aren't even aware that you are here.

Even as hard as this can be, we all have that one person who changed our lives. That one person who gave us the strength to come to work the next day. Maybe they returned and thanked you for your help, or perhaps they can now go into the office to receive treatment, and you have watched their health and life improve. Or maybe you have been doing this work for multiple years, and you watched that sweet little boy who was so shy, hiding behind a waiting room chair, and now his mom tells you he graduated high school with honors.

**Whatever your why, on behalf of all Hoosiers, I want to thank you for your commitment to improving the lives of your community. Your hard work does not go unnoticed. Your passion is celebrated.**

I hope this new year is the best year for you. **Happy New Year.**

Jenny



**Thanks to everyone who featured in our Navigator Spotlights in 2023!**



## RESOURCE BULLETIN



To give feedback or provide resources for the Clinical section of this newsletter please contact **Nicole Stilianos**:

[nstilianos@indianapca.org](mailto:nstilianos@indianapca.org)  
or call: 317.630.0845



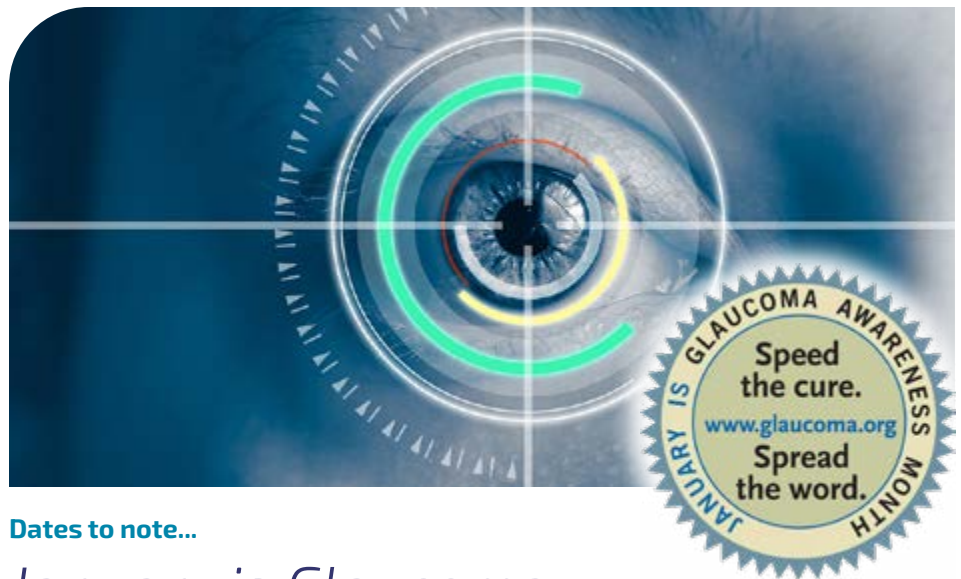
January 2024 marks the twentieth annual National Stalking Awareness Month (NSAM), an annual call to action to recognize and respond to the serious crime of stalking.

**Join the first ever Stalking Awareness Day of Action on January 18th!**

Help make NSAM 2024 the loudest one yet by using the ideas below to Learn, Teach, Share, and Reflect!

Not sure where to begin?

**>>> Check out our resources here**



**Dates to note...**

## January is Glaucoma Awareness Month



**... an important time to spread the word about this sight-stealing disease.**

More than 3 million people in the United States have glaucoma. The **National Eye Institute** projects this number will reach 4.2 million by 2030, a 58 percent increase.

**Glaucoma is called "the sneak thief of sight"** since there are no symptoms and once vision is lost, it's permanent. As much as 40% of vision can be lost without a person noticing.

Glaucoma is the leading cause of irreversible blindness. Moreover, among African American and Latino populations, glaucoma is more prevalent. Glaucoma is 6 to 8 times more common in African Americans than Caucasians.

Over 3 million Americans, and 80 million people worldwide, have glaucoma. Experts estimate that half of them don't know they have it. Combined with our aging population, we can see an epidemic of blindness looming if we don't raise awareness about the importance of regular eye examinations to preserve vision. The World Health Organization estimates that 4.5 million people worldwide are blind due to glaucoma.

### HELP RAISE AWARENESS

**Talk to your family about glaucoma.**

**In the United States, approx. 120,000 are blind from glaucoma, accounting for 9% to 12% of all cases of blindness. Here are some ways you can help raise awareness:**

1. Talk to friends and family about glaucoma. If you have glaucoma, don't keep it a secret. Let your family members know.
2. Refer a friend to this website, [www.glaucoma.org](http://www.glaucoma.org).
3. Request to have a free educational booklet sent to you or a friend.
4. Get involved in your community through fundraisers, online information sessions group discussions, etc.

**>>> Click here for more**

**GLAUCOMA**  
RESEARCH FOUNDATION




**Dates to note...**

## Cervical Health Awareness Month

The United States Congress designated January as Cervical Health Awareness Month. More than 14,000 women in the United States are diagnosed with invasive cervical cancer each year, but the disease is preventable with vaccination and appropriate screening.



During January, the National Cervical Cancer Coalition and its many local chapters across the country highlight issues related to cervical cancer, HPV disease, and the importance of early detection. **While NCCC chapters host events** throughout the year, January is a month with a special focus as chapters celebrate Cervical Health Awareness Month and work to spread the word in their communities.

**What Can You Do?**

As someone who is interested in educating and advocating for increased knowledge of cervical cancer and HPV disease, you can do a lot. You can contact your local media to encourage coverage of Cervical Health Awareness Month, offering this ASHA/NCCC press release. You can also send this proclamation to your mayor or local legislative office to publicly recognize Cervical Health Awareness Month.

**>>> [Click here for more](#)**

## January is National Blood Donor Month

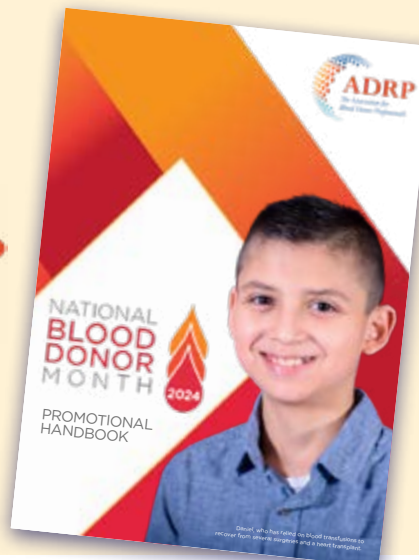
**Be a part of the campaign celebrating America's blood donors.**

Did you know that January is National Blood Donor Month? It began in 1970 when President Richard Nixon made an historic proclamation. During this special month, we encourage all those impacted by the lifesaving power of blood donation to come together to honor and celebrate the incredible generosity of America's voluntary blood donors.


**Download**

**The Association for Blood Donor Professionals free resource** to promote this special month.

**>>> [Click here for all links](#)**


**Looking for more information?**

The **Blood Diseases and Disorders Education Program**, a program of the **National Institutes of Health**, has several resources available to highlight the importance of blood donation. This includes **fact sheets**, drop-in articles available in English and Spanish, and **social media resources**.



National Heart, Lung, and Blood Institute





## RESOURCE BULLETIN

[Click here to view all Clinical resources in our Resource Center](#)



### **Make Your Business Or Organization A Trafficking Free Zone**

Begin the process to become a **Trafficking Free Zone (TFZ)** and be added to our growing list, nationwide, of TFZ's who have publicly made a stand to protect their communities and end sex trafficking.

[>>> Click here to learn more](#)

### **More Resources**

- [HHS Human Trafficking Prevention Toolkit](#)
- [State Department National Human Trafficking Prevention Month Fact sheet](#)
- [DHS Blue Campaign to Stop Human Trafficking](#)
- [National Slavery and Human Trafficking Prevention Month-Awareness Days](#)

### **Dates to Remember in January**



## **HUMAN TRAFFICKING AWARENESS MONTH** JANUARY

January 2024 is designated as National Human Trafficking Prevention Month. It's not just a date on the calendar, but a call to action.

Human trafficking is a horrifying crime that directly violates human rights. For over a decade, leaders in the U.S. have recognized it as a threat to our nation and a serious infringement upon our human rights. In order to resolve this problem, we need a collective effort from the community. While it may be a challenging topic to tackle, we must serve as the voice for those who have been silenced.

**National Human Trafficking Prevention Month** is an initiative aimed at educating the public and encouraging their involvement in preventing and responding to this issue. It creates a conversation for people to have within their workplace, school, and home. By raising awareness on this important conversation and providing resources for survivors, we can help prevent human trafficking and protect innocent victims from this crime.

### **About Human Trafficking Prevention Month**

**National Human Trafficking Prevention Month** takes place during the month of January each year. It aligns with **International Anti-Human Trafficking Day**, which falls on January 11th, to acknowledge the efforts made globally to

combat this issue. Both initiatives share the common objective of informing and engaging the public in the fight against human trafficking. Through collaboration with numerous organizations and government agencies, this annual awareness campaign focuses on educating the public in three key areas:

- **Recognizing the signs of human trafficking**
- **Providing guidelines for safe reporting procedures**
- **Offering resources to support victims**

While some individuals may acquire educational information about human trafficking through news reports or training programs, others might become informed through social media campaigns, books, or conversations with others. This diversity of communication underscores the critical importance of raising public awareness about the realities of human trafficking. No one expects to become a victim themselves. In short, January is dedicated to being deliberate about human trafficking prevention education, fostering a vigilant community of individuals committed to combating human rights violations.

[>>> Click here for more](#)





## RESOURCE BULLETIN

[Click here to view all Clinical resources in our Resource Center](#)



## January is National Mentoring Month

***Passions to awaken. Dreams to achieve.***

***An endless sense of possibility every new year.***

Each January, we come together as a community to ignite those passions and help turn those wildest dreams into reality with National Mentoring Month.

By harnessing our collective voice, MENTOR advocates for mentorship, legislative priorities, and raises awareness for how one conversation, one experience, and one mentor can change a young person's life.

Potential is equally distributed; opportunity is not. A major driver of healthy development and opportunity is who you know and who's in your corner. MENTOR was created more than 30 years ago to expand that opportunity for young people by building a

youth mentoring field and movement, serving as the expert and go-to resource on quality mentoring. The result — a more than 10x increase in young people in structured mentoring relationships, from hundreds of thousands to millions.

Join us for exciting opportunities all month long to grow the movement and celebrate the power of supportive and meaningful mentor relationships!

Learn how you can participate by exploring MENTOR's resources and engage on social media using the hashtags #MentoringAmplifies and #MentoringMonth through January.

**[>>> Click to learn more](#)**



## ACCESS IN CRISIS

**Access to maternal health care has increasingly become unobtainable for many patients in the United States.** Ongoing financial, staffing, and policy challenges have forced hospital administrators in both rural and urban areas to shutter their labor and delivery units, causing patients to travel longer distances or go without needed care. Rural access to maternal care grows ever more challenging, with more than

one-third of U.S. counties considered maternity care deserts, according to a 2022 March of Dimes report.

Many people, including those in the postpartum period, are also losing Medicaid coverage following the end of the COVID-19 public health emergency. While many state legislators have opted to extend postpartum Medicaid coverage, there are still states where people are

not eligible for the full year of coverage that ACOG recommends.

These crises are felt most profoundly by Black and American Indian and Alaska Native women, whose maternal mortality rate is two to three times higher than that of white women.

**[>>> Find out how to observe Maternal Health Awareness Day with ACOG](#)**

## Maternal Health Awareness Day

**The theme for 2024 is Access in Crisis. Join the American College of Obstetricians and Gynecologists on January 23 to help improve maternal health outcomes.**



## WEBINARS & TRAINING



**Community Health Center, Inc. (CHC)** serves as **The National Training and Technical Assistance Partnership (NTTAP)** on Clinical Workforce Development supported by the Health Resources and Services Administration (HRSA) to provide free training and technical assistance to health centers and look-alikes at no cost to the organizations.

### January is Healthy Weight Awareness Month ...

... a time when many consider a fresh start with healthier eating and exercise habits.

Consider these stats on obesity in America, according to the CDC..

- 41% of Americans are considered obese. And by 2030, an estimated 50% of Americans will be obese.
- From 2000 through 2020, obesity prevalence in the U.S. increased from 30% to 42%. During the same time, severe obesity nearly doubled, from 4.7% to 9%.
- The estimated annual medical cost of obesity in the U.S. was nearly \$173 billion in 2019.

[>>> Read more here](#)



### Training

## Free Clinical Workforce Development Learning Collaboratives Opportunities ...

**These free learning collaborative opportunities are designed to move health centers from planning to implementation of replicable models.**

We welcome your organization to select and apply for the learning collaborative(s) that best meet the needs of your strategic goals.

- **Comprehensive and Team-Based Care:** This opportunity from CHC aims to support participating organizations in improving a UDS measures by implementing a model of team-based care.
- **Health Professions Student Training:** This opportunity from CHC aims to support participating organizations in establishing a sustainable and effective model for training students.
- **HIV Prevention:** This opportunity from CHC is designed to support participating organizations in enhancing their HIV prevention strategies, including discussions on communication and education, sexual risk assessments, and pre-exposure prophylaxis (PrEP).

[>>> Visit the application page](#) for dates, times, and more information:

*\*CE Credits Available for All Learning Collaborative Opportunities!\**

### Upcoming Deadlines to Apply:

- **Deadline Friday, January 12 - Health Professions Training:**  
Six-month participatory experience designed to provide transformational strategies and coaching support to help organizations evaluate, replicate and sustain health professions training.
- **Deadline Friday, January 12 - HIV Prevention:**  
Six-month participatory experience designed to support health centers in enhancing their HIV prevention strategies, including discussion on communication and education, sexual risk assessments, and pre-exposure prophylaxis (PrEP).

[>>> More information can be found here.](#)

For questions, please contact [Meaghan Angers](#)

[>>> Click here for all links](#)



## WEBINARS & TRAINING



### IPHCA and Leah's Pantry: Lunch and Learn Sessions

#### **A Trauma-Informed Approach to Nutrition Security in Medical Settings**

3 January 2024 / 12:00 - 1:00 pm EST

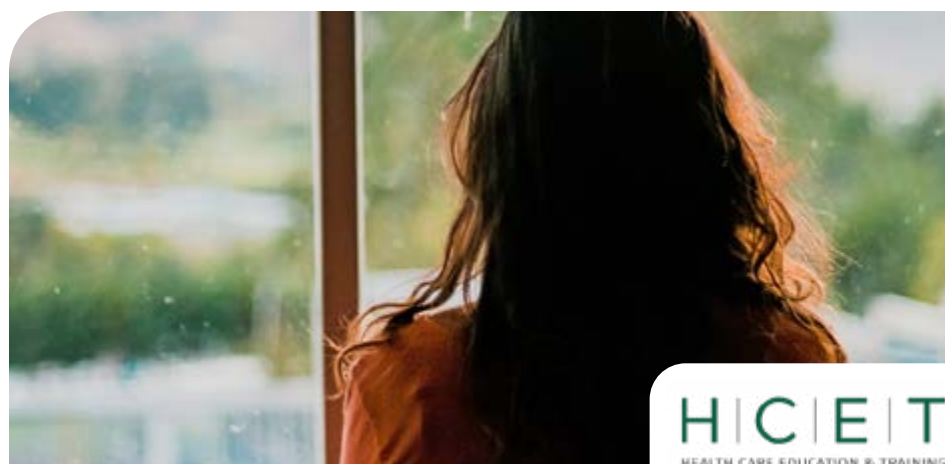
**Description:** This two-part training will introduce a trauma-informed approach to education and communication between healthcare professionals and their patients/clients. After the first session, participants will be able to:

- Define and describe a trauma-informed approach to nutrition security.
- Realize and recognize that positive and adverse experiences shape our relationship to food, our bodies, and ourselves.
- Explore options for trauma-informed patient-provider communication.

#### **>>> Find out more here**

If you are interested in participating in the IPHCA Lunch and Learn Sessions, please contact **Nicole Stilianos**

- Also - Check out our two part series **Trauma Informed Nutrition Security for Lactation Consultants**



### Webinar

## *Trauma-Informed Care in Reproductive and Sexual Health*

Wednesday, January 10, 2024 / 12:00pm - 1:15pm ET

All patients, regardless of known trauma history, deserve trauma-informed care as standard practice. This webinar explores the fundamentals of trauma-informed care and how to apply it within reproductive and sexual healthcare. We will examine the health effects of adverse childhood experiences (ACEs), trauma, and toxic stress and apply this lens to sexual health risk factors and behaviors. We will explore strategies for application of a trauma-informed approach in reproductive and sexual healthcare for all patients and staff.

#### **Here is what you can expect to learn at this event:**

- Health effects of trauma and toxic stress
- Trauma-informed care best practices
- Reproductive and sexual health risk factors/behaviors from a trauma-informed perspective
- Strategies for using a trauma-informed approach with individuals seeking reproductive/sexual health services

Presenter: **Dr. Cara Berg Raunick, DNP, CNP, CSC, SANE-A, IF**

Director of Clinical Quality and Advancement, Health Care Education and Training

Dr. Raunick, a nurse practitioner, is the director of clinical quality at Health Care Education and Training, and she serves as the Director of HCET's newly launched Midwest Trauma-Informed Training Center. Using and advocating a trauma-informed approach has been central to her philosophy of care since early in her career, when she worked as a certified sexual assault nurse examiner (SANE) at the Cleveland Clinic. She is currently the lead for the Indiana Perinatal Quality Improvement Collaborative's Trauma-Informed Care subcommittee and teaches frequently in community, academic and professional settings on various sexual health and trauma-informed care topics.

#### **>>> Register here**

Registration closes January 3 at 11:59pm ET.





## WEBINARS & TRAINING



### NTTAP NCC Q&A Session

Thursday, January 4, 2024

Noon-1:00 p.m. ET

Find out how and when to report progress on your fiscal year (FY) 2024 National Training and Technical Assistance Partner (NTTAP) cooperative agreement (non-competing continuation [NCC]). [More info here](#)

[>>> Join the day of the session](#)



### COVID-19 Response Program Office Hours

Tuesday, January 9, 2024

1:00-2:00 p.m. ET

[>>> Registration page](#)



### Using Patient-Centered Medical Home to Improve Asthma Outcomes

Hosted by [Renaye James Healthcare Advisors](#)

Wednesday, January 10, 2024

1:00-2:00 p.m. ET

[>>> Registration page](#)



### MLP in Action: Using MLP to Understand and Address the Health-Harming Effects of Climate Change

Hosted by the [National Center for Medical-Legal Partnership \(NCMLP\)](#)

Thursday, January 11, 2024

1:00-2:00 p.m. ET

This session of "MLP in Action" aims to enhance audience awareness of the profound impact of climate change on the health of underserved populations. The webinar will feature subject matter experts from Florida providing practical examples and strategies within the MLP framework, such as assisting patients in seeking reasonable accommodations under the ADA, to effectively address and prevent adverse health effects linked to climate change.

[>>> Registration page](#)



### Health Center Emergency Preparedness for Survivors of IPV + Exploitation: Multidisciplinary Collaborations to Address Legal Needs

(in English with live interpretation in ASL and Spanish)

Hosted by Health Partners on IPV + Exploitation and NCMLP

Tuesday, January 23, 2024

3:00-4:00 p.m. ET

With increased natural disasters occurring across the U.S. and its territories, health centers (HCs) can expect their operations, workforce and patients to be increasingly impacted. Intimate partner violence and human trafficking (IPV/HT) should be considered when working in areas faced by a natural disaster or public health emergency because of the increase rates of IPV and sexual violence that are known to follow. There's opportunity for medical legal partnerships, HCs and community based organizations (CBOs) serving IPV/HT survivors to partner and consider the unique needs of their patients in times of disaster, and how collaborations can strengthen quality of care and coordination of services.

**Learning Objectives:** As a result of this webinar participants will be able to:

- Help HCs define the health-related social needs and impact of natural disasters and public health emergencies on survivors of IPV/HT.
- Establish partnerships between HCs and community based organizations to respond to natural disasters and other public health emergencies.
- Identify screening and assessment tools for patients on these issues.

[>>> Registration page](#)



# IPHCA™ Oral Health

## RESOURCE BULLETIN

IPHCA is committed to supporting Oral Healthcare provision across all our community health care settings within our membership and throughout Indiana.



For further help or to give feedback or provide resources for this section please contact Karla Marin:

[kmarin@indianapca.org](mailto:kmarin@indianapca.org)  
or call: 317.630.0845

[Click here to browse Oral Health resources](#)

### Interprofessional Collaboration:

## How to Counsel Patients on Prevention of HPV-related Head and Neck Cancers

### What Can Dentists Learn from Colleagues in Medicine and Pharmacy

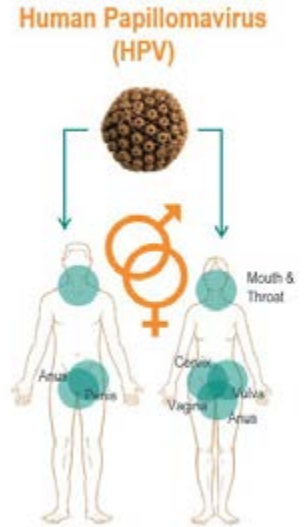
Oropharyngeal cancers (OPCs) and oral cavity cancers are distinct head and neck cancers via location, causation, and incidence. OPCs encompass the oropharynx structures – consisting of the mid-throat, the back one-third of the tongue, the soft palate, the tonsils, and the side and back walls of the throat (Weatherspoon et al., 2015). Causally, OPC malignancies are mildly related to the consumption of alcohol and tobacco but are heavily correlated to the human papillomavirus (HPV) (Lechner et al., 2022).

**Dentists contribute to detecting HPV-related OPCs at an early stage.** A cross-sectional study by Sallam et al. (2019) found unfamiliarity among dental students, who were unable to diagnose HPV in the mouth. The poor diagnosis led to patients not being treated with early interventional techniques.

In addition, the participants in the clinical group were reluctant to speak with patients about STIs and histories of sexual abuse. Aldossri et al. (2020) suggested that the lack of training in using oral cancer screening tools and addressing risk factors limits Ontario dentists' ability to detect and prevent oral cancers. This is further supported by an article from Clarke et al. (2017), which concluded that only 64% of Canadian dental hygienists referenced cancer screening as part of their care. They found that only 43% of dental hygienists felt confident discussing HPV.

A review article by Casey et al. (2022) also concluded that discussions on HPV were infrequent in the oral healthcare setting, relating it to oral healthcare professionals' (HCP) lack of knowledge and communication skills.

[>>> Read more here](#)



oralhealth



**CareQuest**  
Institute for Oral Health

### Webinar

## Treating Patients with Craniofacial Pain

Thursday, January 11, from 7–8 p.m. ET

Join **CareQuest Institute** for a webinar that will dive into what dental providers can do to help patients with chronic head, neck, and facial pain.

The webinar will feature two well-known experts in the field of pharmaceutical sciences who will share practical knowledge on diagnostic approaches and advancements in pharmacotherapeutics and offer real-world case studies to illustrate potential pitfalls and opportunities.

[>>>> Click here for more info and to register](#)

## Article

# Identifying Human Trafficking in the Dental Setting

By Tanya L. Smith, RDH, BS

Human trafficking is a modern form of slavery, second only to drugs as the world's largest criminal activity. The United Nations defines trafficking in human beings as the recruitment, transportation, transfer, harboring, or receipt of persons by means of the threat or use of force or other forms of coercion, abduction, fraud, detection, abuse of power or position of vulnerability, or the giving or receiving of payments or benefits to achieve the consent of a person having control over another person for the purpose of exploitation.

Healthcare providers, like dental hygienists, are some of the few professionals who may be allowed contact with victims while they are being trafficked. Due to this fact, dental hygienists should be aware of how to identify behavioral indicators of potential trafficking and be prepared to offer resources for assistance to victims.

**It is estimated by the U.S. Department of State that 26 million individuals worldwide are trafficked annually; this includes 1.2 million children.** In the United States, 11% are victims of labor trafficking lured by promises of employment, and 82% were subjected to sex trafficking.

- Those perpetuating human trafficking could be anyone including family members, intimate partners, gang and network members, business owners, and government officials. They are men and women from diverse racial, ethnic, and socio-economic backgrounds.
- Those at risk of human trafficking are often involved in the child welfare system, homeless youths, runaways, have mental health concerns, or substance abuse issues. Lack of access to social integration, opportunities for employment, and poor access to education make victims more exploitable.
- Traffickers work to identify their victim's vulnerabilities and use them to create dependency in many cases.



**The Polaris Project**, an anti-trafficking organization, lists access to health services as one of the top five points of



access to help for victims. A U.S. based survey found that 26.5% of survivors had been seen by a dentist or other healthcare professional while being trafficked, but very few were identified. Human trafficking victims may present for dental care as a result of being restricted access to oral health products or negative effects on oral health due to forced labor or sex work. In addition, traffickers may bring victims for cosmetic purposes to make them more attractive to clients.<sup>4</sup>

**Patients who are being trafficked may show signs of victimization** such as injuries from violence, head and neck trauma, sexually transmitted infections, dental orofacial conditions, and malnutrition. Tattoos or brandings are common, marking the trafficked person as property.

**Click the link below for important follow-up questions and red flags for dental hygienists who may be concerned a patient is being trafficked.**

**>>> [Click here for all resources](#)**





### **How gum disease can hurt your pregnancy**

**Here's how to keep gum disease from having a bad impact on pregnancy, childbirth and your baby.**

Gum disease can have a bad impact on pregnancy. A study showed gum disease can increase risk during pregnancy, including premature birth or even miscarriage. Premature babies are more likely to have serious medical problems. Those issues include cerebral palsy, mental disabilities, vision or hearing loss, or diseases of the lungs, stomach, or intestines, and more. They also have an increased risk of dying.

A healthy mouth helps to support a healthy pregnancy, so Medicaid programs usually provide dental benefits to pregnant women. This helps to encourage healthy habits that are good for the overall health of the mother and baby.

Good oral health habits help to prevent and manage gum disease. These habits include brushing twice a day with a soft-bristled toothbrush and fluoride toothpaste and flossing once a day.

**>>>Read more at DentaQuest**



### **Article**

## *Are oral health issues genetic?*

**The short answer is: some are, some aren't.** Heredity can indeed play a contributing role in some oral conditions. But the American Dental Association (ADA) notes that there are currently no genetic tests for the two most common dental diseases, dental caries (tooth decay) and gum disease. However, there are other conditions that do have a genetic component.

### **Genetic Oral Abnormalities**

According to the textbook *Clinical Embryology: An Atlas of Congenital Malformations*, tooth development begins at about 30 days in the gestational process and typically ends by age 19, when wisdom teeth erupt. During this period, developmental dental issues can arise. These are some of the genetic defects affecting the oral cavity:

- **Anodontia**  
Anodontia is the complete absence of teeth and is extremely rare.
- **Hypodontia**  
Hypodontia, or partial anodontia, describes when an individual is missing one to five teeth from birth (not including wisdom teeth). The most common missing teeth are second premolars and lateral incisors. This is the most common dental genetic abnormality, affecting 1 in 18 people.
- **Amelogenesis Imperfecta**  
This disorder results in defective or missing enamel, which is the outer protective layer of the teeth. It may also cause malocclusion, or misalignment. It affects only 1 in 7,000 to 14,000 people.
- **Dentinogenesis Imperfecta**  
This condition causes tooth discoloration or the appearance of translucency, as the National Institutes of Health (NIH) explains. The teeth are also typically weaker and more prone to breakage.
- **Cleft Lip and Palate**  
These are oral malformations that occur during the development of the fetus. The result is improper formation of the roof of the mouth, the lips or both, notes the NIH.

**>>> Read more at Colgate.com**

# IPHCA™ Policy & Advocacy

## RESOURCE UPDATE



To give feedback or provide resources for our Policy team please contact Julia Ketner:

[jketner@indianapca.org](mailto:jketner@indianapca.org)  
or call: 317.630.0845

Congressman Larry Bucshon made a visit to **Valley Professionals CHC** in West Terre Haute where he was recognized for his leadership in improving and preserving the 340B program.

The Congressman also heard from patients about how much the services they receive at Valley mean to them and their families. TJ Warren, CEO of Valley, and Thomas Johnson, Executive Director of **ASAP 340B**, presented the award to the Congressman.

### Roundup 2023:

# The Year in Policy

It was a busy year for the IPHCA Policy and Advocacy team ... here's some of what we've been up to.



**Valley Professionals  
Community Health Center**



IPHCA's CEO, Ben Harvey, was invited to testify in a **Senate Health Education Labor and Pensions (HELP)** committee hearing on Community Health Centers. Ben gave an overview of the CHC model, and discussed their economic impact, the savings they generate for the health care system, and the need for further investment in CHCs.

The HELP committee is chaired by Senator Bernie Sanders. Indiana Senator, Mike Braun, also sits on the committee.





IPHCA staff and members visited all 9 Indiana members of the U.S. House of Representatives and both Indiana U.S. Senators on March 12th during the **NACHC Policy and Issues Forum Hill Day**.

CHC board members, patients, and leadership discussed policy initiatives with congressional members and their staff to advocate for CHC funding, health care workforce, and the 340B program.

- Look out for the updated 2024 Hill Day Report, coming in February



NATIONAL ASSOCIATION OF  
Community Health Centers®



Jane Pauley  
Community  
Health Center

Congressman Greg Pence spoke at the open house and ribbon cutting ceremony of the new Jane Pauley Community Health Center site in **Shelbyville, Indiana**.

Jane Pauley CEO, Marc Hackett, gave the congressman a tour of the clinic including the food pantry.



Click here to  
visit our  
**Policy &  
Advocacy**  
pages

Please contact **Julia Ketner** if you have photos or resources to share with our community.





## RESOURCE BULLETIN

**IQIN** is a constituent network of community health centers within IPHCA, who work together to improve the quality and value of care provided to Indiana's most vulnerable residents.

By using health information technology and data, health centers are able to change the way they deliver care to produce better health outcomes for their patients.



For further help or to give feedback or provide resources for IQIN please contact Laura Totten

[ltotten@indianapca.org](mailto:ltotten@indianapca.org)  
or call: 317.630.0845

[Click here to view all IQIN / QI resources](#)



To view more UDS data at the center level, visit the [PowerBI Dashboard](#).

[>>> Click here to get all this month's resources in one place](#)

### Quality Improvement resources for: Cervical Health Awareness Month

#### *The Future of Cervical Cancer Prevention: From "One-Size-Fits-All" to Personalized Screening:*



National Library of Medicine  
National Center for Biotechnology Information

Cervical cancer screening represents an excellent model system for the development of personalized cancer-prevention strategies. It has a proven, strong effect on reducing the burden of cancer at the population level, and has provided a vast amount of clinical data at a personal level for over more than half a century.

[>>> Read more here](#)

#### *Self-Collection for Primary HPV Testing: Perspectives on Implementation from Federally Qualified Health Centers*



Primary testing for high-risk human papillomavirus (HPV) by self-collection could result in higher rates of cervical cancer screening. Federally qualified health centers (FQHCs) in the US serve a large proportion of women who have low income and no health insurance and are medically underserved — risk factors for being insufficiently screened for cervical cancer ...

[>>> Read more here](#)

#### *A Learning Health System Approach to Increasing Human Papillomavirus Immunizations Among Young Adults*



Immunization rates against the human papillomavirus (HPV) remain suboptimal in the young adult population. Little is known about the most effective means for encouraging vaccination in this population.

The authors conducted a clinical trial of 3 methods to encourage HPV vaccination in a large Northern California integrated Health Plan ...

[>>> Read more here](#)

### Healthy Weight Month

#### *Rural–Urban Differences in Overweight and Obesity, Physical Activity, and Food Security Among Children and Adolescents*



Childhood obesity has been associated with numerous poor health conditions, with geographic disparities demonstrated. Research has examined the association between rurality and food security, physical activity, and overweight or obesity among children.

[>>> Read more here](#)

#### *Advancing Chronic Disease Practice Through the CDC Data Modernization Initiative*



Chronic conditions including heart disease, cancer, stroke, diabetes, and chronic kidney disease dominate the leading causes of death. Furthermore, leading lifestyle risk factors in the US include tobacco use, poor nutrition, physical inactivity, and excessive alcohol use ...

[>>> Read more here \(pdf\)](#)

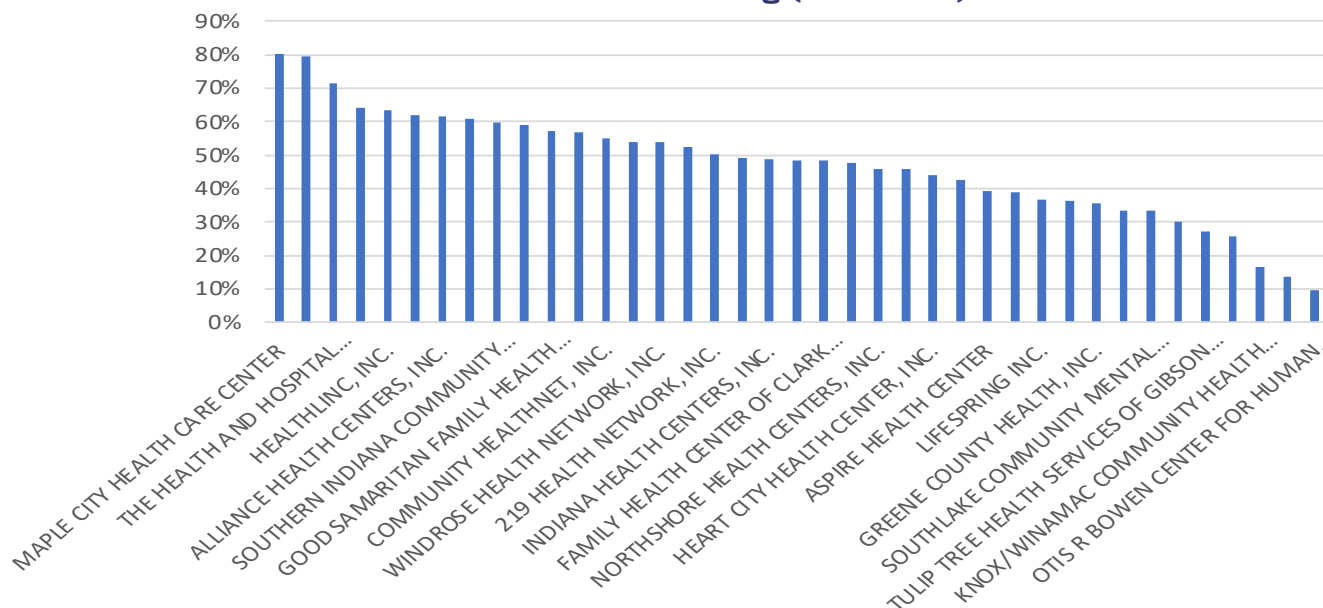


## UDS Data Spotlights: Cervical Health Month

Each month, IQIN will be highlighting metrics from the UDS 2022 data.

For Cervical Health Awareness Month we are highlighting data on the importance of screening patients for cervical cancer. [More info here.](#) For more data, visit our recently updated [Dashboard.](#)

### Cervical Cancer Screening (UDS 2022)



**Context:** This graph shows the percentage of female patients ages 21-64 who had an appropriate cervical cancer screening documented during or leading up to 2022. The denominator for this metric is female patients ages 21-64 at the start of the measurement year. The numerator includes those women 21-64 who had a cervical cytology performed during 2022 or two years prior and were at least 21 at the time of testing and those women 30-64 who had cervical cytology/HPV co-testing performed in 2022 or four years prior and were at least 30 at the time of testing. Women who had a hysterectomy with no residual cervix or women with a congenital absence of a cervix are excluded from the numerator. Women who were in hospice care during the measurement period are also excluded.

## Quality Improvement resources for:

### Mental Health Awareness Day

#### Quality Improvement in Psychiatry



Despite their wide prevalence in the United States, mental and substance use disorders remain undertreated, imparting a significant economic burden and drain on health care resources. Persistent disparities in outcomes and access to care along ethnic and racial lines also demand a robust response from the health care system.

Quality improvement, from a clinical and policy perspective, is becoming increasingly important in mental and behavioral health care ...

[>>> Read more here](#)

## Technology and the Future of Mental Health Treatment



How is technology used for mental health treatment?

Technology has opened a new frontier in mental health care and data collection. Mobile devices like cell phones, smartphones, and tablets are giving the public, health care providers, and researchers new ways to access help, monitor progress, and increase understanding of mental well-being.

New technology can also be packaged into an extremely sophisticated app for smartphones or tablets. Such apps might use the device's built-in sensors to collect information on a user's typical behavior patterns. Then, if the app detects a change in behavior, it can signal that help is needed before a crisis occurs.

[>>> Read more here](#)



## RESOURCE BULLETIN

Click here to view all  
**[IQIN / QI resources](#)**

### Events


#### Health IT User Group:

January 9th / 1:00 pm EST

The Health IT User Group is a monthly webinar for health center IT staff to learn about best practices, new vendors and information updates related to Health IT.

**December's topic:** How health centers are utilizing Phishing Simulation and Multi-Factor Authentication to protect their centers.

Please reach out to **[Devan Busenbark](#)** for an invite to the series.




Do you know how to protect yourself from cervical cancer?  
**FIND OUT HOW**

**#HealthHub:**  
**Social Media Content for Your Community**

January is Cervical Health Awareness Month!

Use this social media toolkit from **[George Washington University](#)** to raise awareness about cervical cancer screening and prevention with the HPV vaccine. This resource includes hundreds of useful links for information about cervical cancer.

**>>> [Click here to access the toolkit](#)**



#### Focus on Quality: Caring for Patients of Reproductive Age

January 18 / Noon EST

**Focus on Quality** is a webinar series where Indiana's community health centers work collectively to address the needs of the populations they serve every day. Every month, Focus on Quality will highlight a specific population and feature content experts and identified tools, along with peer best practice sharing, to improve the health and well-being of that population. Centers are encouraged to take these tools and best practices and implement them in their centers for quality improvement purposes.

**To mark Maternal Health Awareness Day, January's focus is supporting patients of reproductive age with patient-centered contraceptive counseling.**

Please reach out to **[Maggie Kroeff Streiff](#)** for an invite to the series.

*Focus on Quality*  
**POPULATION  
HEALTH SERIES**



### The KLAS Corner

**Register** using your community health center's provided email address, and you will have access to all the resources KLAS provides. **>>> [Click here for more](#)**

#### Arch Collaborative Provider Guidebook

The Arch Collaborative Provider Guidebook is the result of thousands of hours of combined effort. Over 300 health systems around the world have used the Arch Collaborative survey to measure the EHR satisfaction of their providers. The 145,000 providers who have participated have dedicated more than 24,000 hours to providing feedback about their EHR satisfaction.

**>>> [Read more here](#)**

