



IPHCA™ Monthly November 2023

Indiana
Primary Health Care
Association

All the latest news and resources - distributed to IPHCA members

November is National Diabetes Month

This year's focus is on taking action in our communities to help prevent diabetes health problems, such as damage to eyes, nerves, kidneys and heart.

Read more
pages 10, 11, 17, 24, 26



**Our Journey
Through the Desert ...**



**Our AC23
Roundup - pages 4-8**

also this month ...

**Lung Cancer
Awareness Month**
See pages 12, 13, 18



**National
Family
Caregivers
Month**
See pages
13, 18



Our Community Health Center members

219 Health
NETWORK

ADULT & CHILD
HEALTH

Alliance
HEALTH CENTERS

 **Ascension**
St. Vincent

Aspire
Indiana Health

BOWEN
CENTER


CENTERSTONE
HEALTH SERVICES

CHN
Community HealthNet
Health Centers

ECHO
COMMUNITY + HEALTHCARE

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health

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 **Family Health Centers**
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family
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 **Greene County Health**


HAMILTON
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IHC
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Your Pathway to Health

 **Jane Pauley**
Community
Health Center

 **LifeSpring**
Health Systems

 **Maple City**
Health Care Center

 **Marram**
Health Center

MERIDIAN
HEALTH Services
Physical. Mental. Social Well-Being

Neighborhood
Health Center
Our Community. Our Neighbors. Our Patients


neighborhood
HEALTH

 **NorthShore**
HEALTH CENTERS

 **OPENDOOR**
HEALTH SERVICES

 **Raphael**
Health Center

 **REGIONAL**
HEALTH SYSTEMS

Riggs
community health center
Partnering with Health. Empowering Lives.

 **SOUTHERN INDIANA**
Community
Health Care

TULIP TREE
FAMILY HEALTH CARE

 **Valley Professionals**
Community Health Center

 **WVHC**
WABASH VALLEY HEALTH CENTER

 **IPHCA**[™]

 **Well Care**
Community Health

 **WindRose**
Health Network

 **IPHCA**[™]



Letter from Sean...

Welcome to our November 2023 issue.

What an amazing time we had in French Lick!

The IPHCA Annual Conference has always been about fostering dialogue, sharing innovative ideas, and forging connections within the primary healthcare community across the state. This year, amid unique challenges and opportunities from a changing healthcare landscape, your participation demonstrated your unwavering dedication to improving healthcare access and quality for all. Your presence not only reaffirmed the importance of this work but also highlighted the power of collaboration in driving positive change.

As we reflect on the IPHCA Annual Conference, we feel a renewed sense of unity and purpose. The knowledge shared, the connections made, and the ideas exchanged will undoubtedly shape the future of primary healthcare in Indiana and beyond. The conference might be over, but the energy and inspiration it generated will continue to drive our collective efforts to provide exceptional care to our communities. We extend our heartfelt gratitude to every one of you who graced this year's IPHCA Annual Conference with your presence. Your commitment and enthusiasm made this event truly remarkable.

We would also like to extend our most profound appreciation to the speakers, organizers, and volunteers who worked tirelessly to ensure the conference's success. Their dedication and hard work were instrumental in creating a welcoming and enriching environment for all attendees. We also must thank our sponsors for their generosity that makes our conference possible.

We have already begun working on next year's event and look forward to seeing you there!

Our operational focus now shifts to planning for the next fiscal year. Like many of you, we are amidst programmatic grant work planning and budget development. As you work through your budget processes, I want to remind you of one of the benefits of IPHCA membership that can help you manage and reduce costs - **The Value in Purchasing (ViP) Program**.

Please turn to page 8 to read more on this vital member benefit.

I wish you all much success in your planning process for next year and hope you have a chance to enjoy some time with your family over the Thanksgiving holiday.

All the best,

Sean

Sean Herbold, IPHCA CFO

IPHCA Monthly

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>>> **Clickable links** are provided throughout this newsletter - please notify us of any missing or incorrect links.

Any comments or suggestions please contact **Sean Herbold**, IPHCA CFO.

If you have not so already, **please follow us on Facebook!**



Also **visit our website** to find links to **previous issues**, an **events calendar**, our **resource center** and more!

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John Fordham Design



Highlights from the IPHCA Annual Conference 2023

Exploring Key Takeaways and Noteworthy Moments

The Indiana Primary Health Care Association Annual Conference has again brought together professionals, exhibitors, and experts to discuss and share insights on pressing healthcare issues.

The conference, held October 11th and 12th in French Lick, covered various topics and provided a platform for in-depth discussions, addressing stigma, and networking opportunities. Like previous editions, this year's conference demonstrated our commitment to advancing healthcare initiatives for all Hoosiers and the chance to further learn about Values-Based Care & Payment.

Let's delve into the key takeaways and memorable moments that marked the event.

Value-Based Care & Payment

One area of great interest for all attendees was **value-based care & payment**. As the organization and our members continue to focus on moving forward to achieve maximum benefit with the formation of a clinically integrated network (CIN), this learning series got in-depth in many areas of the discussion.

These included technology use, clinician minimization of cost while maximizing quality, MCE SDOH resource availability to support the network, financial structuring, and operational shift to and integration of a CIN.

This learning series was made possible by the generous support of **CareSource**.

Innovations in Technology and Data Analysis

Advancements in technology have continued to revolutionize patient engagement and in-room practices. From predictive analytics to telemedicine, speakers showcased how leveraging technological innovations can enhance healthcare delivery and disease surveillance.

Additionally, several presentations focused on the use of IT tools in day-to-day operations.



IPHCA CFO Sean Herbold with two of our lucky door prize winners, Marc Hackett and Laura Pryor. Not pictured are Mark Broeker and Jennifer Henderson.



IPHCA Clinical Integration team members, L-R: Devan Busenbark, Nicole Stilianos, Karla Marin, Lyndsey White, Maggie Kroeff Streiff

Addressing Social Determinants of Health

Health disparities remain a significant challenge. The conference shed light on initiatives to reduce these disparities, such as improving access to healthcare services in underserved communities and advocating for policies that reduce stigma and prioritize health equity. Thought-provoking sessions prompted attendees to critically examine the root causes of these disparities and brainstorm actionable strategies.

Topics included food insecurity, AIDS/HIV stigma, mental health, suicide, and substance abuse, which focused on considering cultural, social, and economic factors.

Memorable Moments

Beyond the thought-provoking sessions, the conference also featured inspiring stories of individuals and organizations making a difference in their communities. Attendees were treated to keynote addresses from renowned public figures, a one-of-a-kind immersive learning experience in the desert, learning the safari way to success and happiness, interactive workshops, celebrating the champions of healthcare, and networking events that fostered meaningful connections and collaborations.

As the IPHCA Annual Conference 2023 comes to a close, the momentum generated by the discussions, insights, and collaborations will undoubtedly reverberate throughout our health community. The event served as a reminder of the shared goal – to create a healthier Hoosier community – and reinforced the idea that progress in public health requires continuous learning, open dialogue, and a collective effort.

With the conference's success as a foundation, attendees and participants are encouraged to carry forward the lessons learned and connections made, ensuring that the spirit of IPHCA's mission extends beyond the event itself.

As the world continues to navigate challenges, old and new, the commitment to advancing public health remains unwavering, and the IPHCA and our members stand as a beacon of inspiration and collaboration in this vital endeavor.

We look forward to seeing you again at the 2024 annual conference and all the events throughout the year.

I challenge you all to continue to ask,

'What's possible.'



1 Camel drivers at the bank in the desert

2 Opening session

3 Senator Mike Braun

4 Lieutenant Governor Suzanne Crouch

5 Beth Keeney is awarded the Debra Meers Grassroots Advocacy Award

6 Nancy Curd receives her award for Employee of the Year



Celebration of Health Care **CHAMPIONS** 2023



Jennifer Emmons receives her award

IPHCA Celebration of Health Care Champions 2023

Our Awards luncheon at our Annual Conference was a moment to acknowledge and celebrate the entire Indiana healthcare community - every member is a health care champion, day in and day out. Your diligent work and dedication continues to improve health care quality in Indiana for all Hoosiers. Thank you all!

It was also our opportunity to recognize the recipients of the **IPHCA Annual Champions of Health Care Awards**.

Provider of the Year Award

Amanda Davis-Houchin, LifeSpring

Dr. Jerra Sharp-Williams, Indiana Health Centers

Improving the health of Hoosiers takes every single one of us. Our first award recognizes an outstanding provider who has demonstrated excellence in clinical leadership for three years or longer through advocacy, innovative programs/services that have increased access, improved healthcare services to the community, decreased disparities, and efforts to reach high-risk populations in the community. This year, we recognize not one but two outstanding providers of the year.

The first award is presented to

Amanda Davis-Houchin, FNP, CARN-AP, CEN. As a Nurse Practitioner at **LifeSpring Health Systems**, Amanda works with a very marginalized population that is medically fragile with kindness and grace that should be a model to us all.

She goes the extra mile to find ways to navigate the system to get her patients' essential meds and specialty appointments. Beyond her in-clinic work, she works at the local homeless



shelter and street outreach and has set up numerous pop-up clinics at local recovery organizations.

Our second Provider of the Year award goes to **Dr. Jerra Sharp-Williams**. As a dentist at **Indiana Health Centers** since 2021, she has been instrumental in developing the COVID-19 safety strategy. Her dedication to IHC's mission has seen her selflessly commute four hours a day to alternate locations to ensure dental services are available at locations without providers. Her patients describe her as selfless, thoughtful, caring, compassionate, and kind.



Employee of the Year

Nancy Curd, Jane Pauley Community Health Center.

This award recognizes a primary health employee (non-practitioner) who has demonstrated excellence through patient advocacy, innovative programs, services, and systems, and collaborative work with the whole team.

2023 Employee of the Year is **Nancy Curd**, the Enabling Services Senior Manager at the **Jane Pauley Community Health Center**. Nancy has built up the Health & Outreach Advocates from a staff of one to the current staff of 12 team members assisting patients with signing for Medicaid and Sliding Fee Scale services. Nancy leads our newest patient service: Food Pantries. Jane Pauley now has Food Pantries at all 10 sites. Since opening last November, the Food Pantries have served over 3,700 patients and have given out 2,328 bags of food.



Volunteer of the Year

Mike Busch, Indiana Health Centers

Beyond our outstanding providers and employees, we cannot do what we do without our community volunteers. Our next award recognizes a primary health volunteer who has demonstrated excellence through patient advocacy, innovative programs/services/systems, and collaborative efforts.



Mike Busch has been a member of **Indiana Health Centers** Board of Directors since 1996. In his 27 years of service, he has been a strong proponent of Community Health Centers at the state and national levels. He has been instrumental in IHC adding five additional locations during his tenure.

Legislator of the Year

Senator Mike Braun

This award recognizes a state or nationally elected official who has championed access to health care and supported safety net infrastructure.

US Senator Mike Braun was recognized for championing FQHCs, transparency in healthcare billing, veterans' health care, ending opioid addiction, and prescription drug affordability.



The Debra Meers Grassroots Advocacy Award

Beth Keeney, Lifespring

This award is given in honor of Debra Meers. Debbie was the office manager and Director of Membership at IPHCA until she passed away in 2005 from a long-term illness. This honors a health center consumer, Board member, or staff person of an IPHCA member organization who has been a leading voice for community health centers with the state and national legislature and within the local community.



The award goes to **Beth Keeney, DrPH CEO of LifeSpring**. Dr. Keeney's advocacy for health centers has been nonstop in her 20 years at **LifeSpring**. Her no barriers to care philosophy trickles down throughout the organization. She has even encountered patients on the street with a service need and brought them directly to the clinics for care. She has and is creating open-access programs for medical and behavioral health, a crisis stabilization unit, and mobile outreach teams to address the community's needs. Dr. Keeney has expanded services into

schools, mobile units, and rural areas. She has used creative access, advocacy efforts, and strategic partnerships in the communities to ensure everyone in the service area has access to care.

The Philip L. Morphew Dedication Award

Jennifer Emmons, Family Health Center

This award, named in honor of the past CEO of IPHCA, recognizes an individual who has championed the advancement of community health centers' mission to deliver high-quality, culturally competent, comprehensive primary care services regardless of the patient's ability to pay. They have demonstrated a steadfast commitment to supporting the growth of the community health center program through education, partnership, or service.



The winner in 2023 is **Jennifer Emmons**. As the CEO of **Family Health Center**, she has focused every part of the organization on delivering high-quality patient care. The commitment to continual improvement is evidenced by the improvement of nine Quality Measures in 2022 from 2021 and outperforming in 10 Quality Measures above other IN FQHC LALs and US FQHC LALs.

Jennifer's passionate leadership is patient and staff-focused on delivering the best quality care possible. Under her leadership, Family Health Center continues to grow. Having taken over six other Behavioral Health Centers, the organization has grown from 25 employees to over 200 and continues making comprehensive care available to more Hoosiers daily.

Congratulations again to all of our award recipients and to all our our community for being Health Care Champions every day.

Special thanks to Gilead, for your sponsorship of our awards luncheon.



Click here to visit our Conference pages



UPDATES & NEWS

Our **Resource Center** is your first stop for all learning, news, webinars and updates - everything our community health center membership needs.



To contribute resources, or if you have any questions or updates, please contact **Sean Herbold**
sherbold@indianapca.org
 or call: 317.630.0845

STOP PRESS:

Don't miss our November IPHCA Member Forum

November 28 2023, 10 am -Noon p.m.

Subjects include the correlation between health and housing and eliminating implicit bias in Electronic Medical Records

>>> Click here for more information

Thanks for attending!

We hope you had a memorable time and had the chance to network with other attendees.

A little reminder: The Whova App will continue to be accessible for three months. You will find all attendees' contact information as well as the app being filled with content from the event.

>>> Get the AC23 mobile app here.



After AC23, looking forward to 2024 ...

Our operational focus now shifts to planning for the next fiscal year. Like many of you, we are amidst programmatic grant work planning and budget development. The association's PCA grant renewal proposal is due shortly, and the finance committee and board will begin budget workshops just after the beginning of the year.

Two key takeaways from AC23 resonate with me as we are in this process. The first is the importance of building a plan for productivity, not activity. The second is to gather information early and always talk to the "old man." As you work through your budget processes, at the risk of being labeled the 'old man,' I want to remind you of one of the benefits of IPHCA membership that can help you manage and reduce costs.

The **Value in Purchasing (ViP) Program** is a partnership with **Provista-Vizient**, the largest GPO in the country. The ViP Program offers over 1 million items and services at discounted rates and features:



- Discounts based on \$100 billion purchasing volume.
- Over 1 million items and services are covered under the contract.
- CHC-specific contracts.
- No membership fees.
- No contractual obligation.
- Ease of use and implementation.
- Support of state and regional associations.



You can learn more at www.communityhealthventures.com or contact Alex Vactor at avactor@communityhealthventures.com.

#IPHCA2023 Conference was made possible by our generous sponsors:

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Value-Based Care & Payment Series Sponsor



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UPDATES & NEWS



Indiana Public Health Response ECHO

The Indiana Public Health Response ECHO is a space for medical and public health professionals to convene and discuss challenges and solutions to addressing top public health issues in Indiana.

Participants will connect with subject matter experts on emerging infectious diseases, public health priorities, and prevention, screening, and treatment strategies. Free certified health education specialist (CHES) and AAFP credits are available for live participants.

The next INPHR ECHO will feature a didactic on **"Practical Applications for Chronic Disease Management and Prevention"** presented by Sara Griewank, Chronic Respiratory Disease Section Director at the Indiana Department of Health, and Laura Heinrich Cardiovascular Health and Diabetes Section Director at the Indiana Department of Health.

- Register for the Indiana Public Health Response ECHO [using this link](#), or email **Caroline Kryder-Reid** at ckryderr@iu.edu with any questions.

INPHR ECHO meets regularly on the 2nd Wednesday every other month from 8:00 – 9:00 a.m. ET.

Training Opportunities

IUI ECHO Center Programs to Join, Learn Best Practices, and Earn Continuing Education Credits.

About the IUI ECHO Center

The IU Indianapolis ECHO Center uses the Project ECHO model to create a peer-to-peer, virtual learning collaborative that increases workforce capacity. Rather than moving patients, ECHO moves knowledge and helps more patients receive the right care, in the right place, at the right time.

Each session features a didactic presentation shared by a subject matter expert and a de-identified case presentation shared by a participating ECHO learner. Didactic presentations offer timely guidance on best practices in care, while case presentations allow participants to gather recommendations on clinical care and resources to best serve their patients. Presenting a patient case during an ECHO may fulfill community education criteria and count towards a Community Based Bonus.

All healthcare professionals are invited to join ECHO's virtual sessions as your schedule allows. You can join anytime throughout the programming year!



Indiana Hepatitis Academic Mentorship Program

The Indiana Hepatitis Academic Mentorship Program (IN-HAMP) includes training and education designed for clinicians and healthcare professionals who are new to treating hepatitis C or would like to learn more about implementing a simplified approach to HCV care in primary care, substance use disorder treatment, and other clinical settings.

IN-HAMP includes four main components:

- **Cycle 1:** A full day of training and medical education after which participants will have the resources and support to immediately begin treating patients for HCV.
- **Cycle 2:** A second day of training with advanced topics which occurs several months after Cycle 1.



- **Real-time & individualized HCV mentorship** with specialists in hepatology, pharmacology, internal medicine, primary care, social work, and linkage to care.
- **Ongoing continuing education** in connection with the Hepatitis C ECHO.

Our next Cycle 1, full day of training and medical education dates will be:

- Thursday, March 21, 2024
- Thursday, September 5, 2024

Next Cycle 2 dates:

- Thursday, November 7, 2024
- To register, [click this link](#) or email Jenna Watkins at jennwatk@iu.edu with any questions.

Project ECHO is a movement to demonopolize knowledge and amplify capacity to provide best practice care and improve health for people all over the world.

RESOURCE BULLETIN



To give feedback or provide resources for the Clinical section of this newsletter please contact **Nicole Stilianos**:

nstilianos@indianapca.org
or call: 317.630.0845

[Click here to view all Clinical resources in our Resource Center](#)



Diabetic eye disease

... is a leading cause of blindness, and often has no early warning signs.

But you can help people with diabetes prevent vision loss by encouraging them to get regular eye exams so they can catch problems early — and get timely treatment and the right follow-up care.

During National Diabetes Month, join the National Eye Health Education Program (NEHEP) in spreading the word about how people with diabetes can protect their vision! Use our educational resources to ensure your community knows the facts about diabetic eye disease and spread the word about how people with diabetes can protect their vision.

[>>> Click here](#) for videos, webinars, infographics, fact sheets and much more!

Health and Wellness Awareness Topics for November



November is

American Diabetes Month

November is National Diabetes Month when communities nationwide seek to bring attention to diabetes. This year's focus is on taking action to prevent diabetes health problems.



Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. It affects about 37 million Americans, including adults and youth. Diabetes can damage the eyes, kidneys, nerves, and heart and is linked to some types of cancer.

But there's also good news: Taking charge of your health may help you prevent diabetes health problems.

[Click here to visit NIDDK's pages with tips on managing diabetes](#)

Download resources to share this important message.

[>>> View the toolkit](#)

(Toolkit also available in Spanish)

Diabetes Care - Get the latest guidelines.

Whether you're a physician, nurse, educator, or other health care professional, staying up to date on clinical practice guidelines is critical. Get the resources you need and discover the latest updates in the Standards of Medical Care in Diabetes.

[>>> Standards of Care](#)

[>>> Click here for all resources](#)

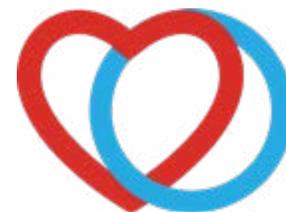


November 9th is

National Diabetes Heart Connection Day

Did You Know?

- People with type 2 diabetes have more than two times the risk for developing heart disease.
- Two out of three deaths in people with type 2 diabetes are attributed to cardiovascular disease.
- Approximately 30 million Americans have diabetes, 8 million are not yet diagnosed, and 86 million with signs of prediabetes.



The U.S. Senate has now unanimously passed a resolution designating November 9th as: "**National Diabetes Heart Health Awareness day**," coinciding with American Diabetes Month.

[Click here to view / download](#) 1-page infographic - **Understanding the Link between Type 2 Diabetes and Cardiovascular Disease**

[or click here](#) for facts about the diabetes-heart connection

Diabetes Education Week

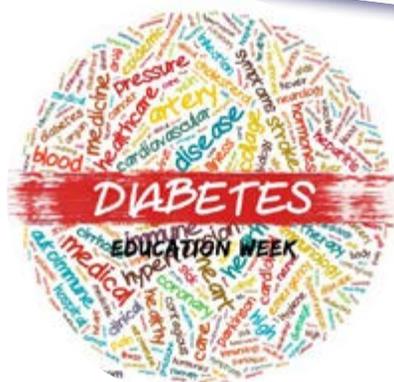
The first full week in November is National Diabetes Education Week

Nearly 30 million Americans suffer from diabetes, another 86 million have prediabetes, and the total national cost of diagnosed diabetics is estimated to be around \$245 billion. These statistics are a good reason to team up with Positive Promotions and make a positive difference for National Diabetes Awareness Month.

This year's theme is all about celebrating you!. Living with diabetes is no easy feat, whether it's having to keep a constant eye on your blood sugar, being able to eat your favorite foods or remembering to take your daily amount of insulin.

>>> [Click here for resources](#) - or visit

- [Symptoms & Risk Factors of Diabetes](#)
- [Bringing Diabetes Awareness to the Workplace](#)
- diabeteseducator.org

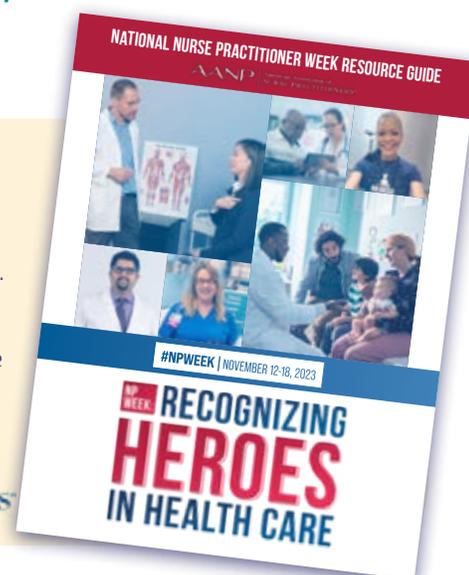


National Nurse Practitioner Week - November 12-18, 2023.

The NP role needs you! This special week offers numerous opportunities to bring recognition to the NP role and increase awareness of the exceptional care that NPs provide.

The NP Week Proclamation is available, and a resource guide is being developed to assist you in the annual celebration. The resource guide will include information such as a sample news release, talking points, an NP fact sheet, community activities, a media interview guide, posters and guidelines for writing a letter to the editor.

>>> [View / download the guide here](#)



[Click here to view all Clinical resources in our Resource Center](#)



Go Teal for Alzheimer's Awareness Month!

November is Alzheimer's Awareness Month, a time to heighten awareness about Alzheimer's disease and show support for the more than 6.2 million Americans living with it. There are a number of quick and easy ways you can help raise awareness, show support, and fight Alzheimer's disease!

Why Teal?

Teal is the Alzheimer's Awareness color of the **Alzheimer's Foundation of America (AFA)**. AFA uses teal because it has been shown in color psychology studies to be a calming color. This is helpful when designing and decorating spaces and events to be welcoming and comforting to those living with Alzheimer's. So, next time you see someone dressed in teal, remember the more than 6 million people living with Alzheimer's and the help they need.

[>>> Find out more here](#)



November is

Lung Cancer Awareness Month

7 ways you can raise lung cancer awareness and funding in November.

In honor of **Lung Cancer Awareness month** this November, take these simple steps to share Lung Cancer awareness, facts and messages:

- #1 - Wear the lung cancer ribbon during Lung Cancer Awareness Month**
- #2 - Donate to lung cancer research**
- #3 - Share important awareness facts on your social media.**
- #4 - Share a #LivingWithLungCancer story.**
- #5 - Join our community**
- #6 - Listen, subscribe, and share the First 7 Days podcast episodes.**
- #7 - Share some exciting new areas of lung cancer research**

Use these lung cancer awareness month resources to get the message out any way you can – post, tweet, and email everyone about the need for more lung cancer research.

[>>> Click here to find all these resources and much more!](#)



National COPD Awareness Month

Nearly 16 million people in the U.S. have chronic obstructive pulmonary disease (COPD), a serious lung disease that makes it difficult to breathe.

COPD, also known as emphysema or chronic bronchitis, is more than twice as common in rural areas. Air pollution from occupational exposures to dust, fumes, smoke, or chemicals from jobs like farming, mining, or manufacturing and higher rates of smoking in rural communities can increase the risk of developing COPD.

Join **Learn More Breathe Better®** in bringing greater attention to COPD by sharing these videos, fact sheets, articles, infographics, social media resources, and more.

[>>> Click here](#) for resources for patients and caregivers, and for health professionals.



National Heart, Lung, and Blood Institute



RESOURCE BULLETIN

National Family Caregivers Month

November is National Family Caregivers Month in the United States. It's observed to call attention to the hard work of more than 50 million family caregivers across the country. During National Family Caregivers Month, we raise awareness of the societal value provided by caregivers and ask for greater support.

Caregiver Action Network (the National Family Caregivers Association) began promoting national recognition of family caregivers in 1994. They spearheaded the annual national celebration of a national caregiver awareness month every November.

This year's theme is **#CaregiversConnect**.

- President Bill Clinton signed the **1997 National Family Caregivers Week Presidential Proclamation**. Every U.S. president since has followed the practice each November. You can visit the archive of presidential proclamations for a national caregiver recognition month.

- President Joe Biden signed the **most recent presidential proclamation** on a national month to recognize family caregivers on October 31, 2022.

>>> [Click here to find more information and resources](#)



Unseen - a documentary

This film takes a raw, honest look at the parent caregiving experience. If caregivers are ever going to get the support and resources they deserve, they first have to be seen and heard. The Unseen documentary puts faces and stories to this issue to enable change for the caregivers in our community.

[Click here to find out how to get tickets for screenings](#)



The Great American Smokeout®

Quitting smoking isn't easy. It takes time. And a plan. You don't have to stop smoking in one day. Start with day one.

Let the **Great American Smokeout** event on the third Thursday in November be your day to start your journey toward a smoke-free life. You'll be joining thousands of people who smoke across the country in taking an important step toward a healthier life and reducing your cancer risk. Plus, the American Cancer Society can help you access the resources and support you need to quit.

Quitting starts here.

>>> [Start Day One](#)

>>> [Great American Smokeout Event Tools and Resources](#)



Visit our **Events calendar**
for all upcoming events



November is Prematurity Awareness Month

...an important time to raise awareness of the maternal and infant health crisis of preterm birth and ask for lifesaving donations in honor of World Prematurity Day, November 17.

The U.S. remains among the most dangerous developed nations for childbirth. Prematurity affects too many moms and babies and is fueled significantly by disparities in our health care system, communities and institutions.

We'll come together for action and advocacy during our Maternal and Infant Health Awareness Week beginning November 15 as we announce the 2022 March of Dimes Report Card and fight prematurity.

Join us by donating today and on November 17, World Prematurity Day, to help make sure all moms, babies and families get the best possible start.

>>> [Click here for more](#)



November Is

National Healthy Skin Month®

The American Academy of Dermatology (AAD) designates each November as National Healthy Skin Month®

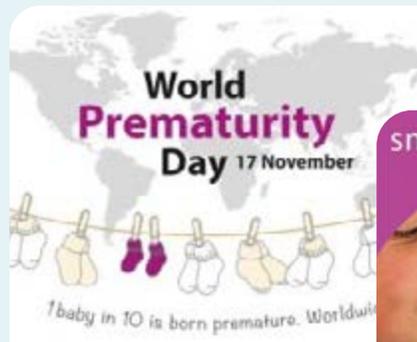
It's a time to pay attention to your skin, learn about skin care, and adopt habits that can lead to a lifetime of healthier skin, hair, and nails.

The AAD launched the first National Healthy Skin Month® in November 1997. Since then, it's become an annual event in which the AAD and dermatologists:

- Emphasize the importance of good skin care.
- Share tips that can lead to healthier skin, hair, and nails.
- Ask Americans to take time to pay attention to their skin and adopt healthy habits to care for their skin, hair, and nails.

Here are simple tips from dermatologists that you can do at home to keep your skin, hair, and nails healthy and looking their best.

>>> [Click here for more](#)



World Prematurity Day

The global theme for World Prematurity Day 2023 is:

- small actions BIG IMPACT:
- immediate skin-to-skin care
- for every baby everywhere

You will find further material like logo badges, social media graphics and banners – also available in several languages – and a Social Media Toolkit for your World Prematurity Day campaign. You can access all available materials as well as the toolkit also by clicking on the resources link below.

>>> [Click here for resources](#)





WEBINARS & TRAINING

National Advisory Council on Migrant Health Meeting

Wednesday, November 1,
and Thursday, November 2
9:00 a.m.-5:00 p.m.

>>> [Registration page to attend virtually](#)



Reporting UDS Financial and Operational Tables

Tuesday, November 7
1:00-2:30 p.m. ET

>>> [Registration page](#)

2023 Data Reporting UDS Preliminary Reporting Environment

Thursday, November 9
1:00-3:00 p.m. ET

>>> [Registration page](#)



STOP PRESS:

Don't miss our November IPHCA Member Forum

November 28 2023, 10 am -Noon p.m.

Subjects include the correlation between health and housing and eliminating implicit bias in Electronic Medical Records

>>> [Click here for more information](#)

IPHCA Upcoming Events

Health IT User Group Call: Telehealth & Remote Patient Monitoring

Tuesday, November 14
1:00-2:00 p.m. ET

Email dbusenbark@indianapca.org for invite

>>> [Click here for details](#)

Behavioral Health Peer Call

Thursday, November 16
1:00-2:00 p.m. ET

Email lwhite@indianapca.org ;
See [page 19](#) for more details

Quality Leadership Peer Call Diabetes Care Focus of Quality

Thursday, November 16th
12:00-1:00 pm ET

Email: MKroeff@indianapca.org

>>> [Click here for details](#)

Clinical Peer call

Friday, November 17th
10:00- 11:00 am ET

Email: nstilianos@indianapca.org

>>> [Click here for details](#)



Connect to Cure with Damien Center

Zoom Meeting Monday, November 6 / 11:00 am - 12:00 pm EST

Damien Center presents **Connect to Cure: Creating Systems and Processes to Eliminate HCV**. More than 40,000 Hoosiers are living with Hep C. The goal of the Connect to Cure program is to eliminate Hepatitis C infections in Indiana through education and to connect those living with Hepatitis C to the resources and care needed...

>>> [Click to register](#)

>>> [More information](#)

Recent Events

CCBHC Summit

Thank you to everyone who was able to join the **CCBHC (Certified Community Behavioral Health Clinic) Summit** that was hosted by IPHCA and the **ICCMHC (Indiana Council of Community Mental Health Centers)**.

It was an honor to bring together leadership from across the state to explore strategies and develop understanding of how we can bridge treatment gaps for our vulnerable Hoosiers living with co-morbid mental health illness, substance use disorders, and chronic health care conditions. It will take ongoing collaboration to find a way to ensure that our state is equipped to change the trajectory improving the quality of life for all we are fortunate to serve.



L-R: Zoe Frantz, and Ben Harvey

L-R: Andy Zellers, Ben Harvey, Lyndsey White, Mary Westerbeck, Lindsay Potts, Zoe Frantz, Denise Wade



L-R: Lindsay Potts and Jay Chaudhary



L-R: Melissa Mitchell, Beth Wrobel, and Lyndsey White

HealthLinc employees at the conference



HealthLinc Conference



It was an absolute privilege to join the incredible team at the **10th Annual HealthLinc Conference - Mission Possible!**

We were able to share material from our **Stress Screening and Resource Guide**. The creation of workforce resilience is a continuous process that touches all areas of the organization. We were able to facilitate dialogue and develop actionable steps that can be taken to create an environment where people can learn to adapt to adverse situations, manage stress and retain an ongoing sense of motivation to do the work that is meaningful to us.

Thank you to the leadership at HealthLinc for recognizing that the shared environments we work in daily are impacted by all who come together to serve.



IPHCA™ Oral Health

RESOURCE BULLETIN

IPHCA is committed to supporting Oral Healthcare provision across all our community health care settings within our membership and throughout Indiana.



For further help or to give feedback or provide resources for this section please contact Karla Marin:

kmarin@indianapca.org
or call: 317.630.0845



>>> [For more tips and resources, click here](#)

National Diabetes Month

Diabetes & Oral Health

People with diabetes know the disease can harm the eyes, nerves, kidneys, heart, and other important systems in the body. Did you know diabetes can also cause problems in your mouth?



People with diabetes have a higher chance of having periodontal (gum) disease, an infection of the gum and bone that hold the teeth in place. Periodontal disease can lead to pain, persistent bad breath, chewing difficulties, and tooth loss. Diabetes can also slow down healing, interfering with the treatment of periodontal disease.

Other problems diabetes can cause are dry mouth and a fungal infection called thrush, which causes painful white patches in your mouth. Dry mouth happens when you do not have enough saliva—the fluid that keeps your mouth wet. A dry mouth can cause soreness, ulcers, infections, and tooth decay. Smoking makes these problems even worse. In addition, diabetes may also cause the level of sugar (glucose) in your saliva to increase. Together, these problems may lead to a thrush.

Helpful Tips

Good blood glucose control is key to controlling and preventing mouth problems. People with poor blood glucose control get gum disease more often and more severely than people whose diabetes is well controlled. If you have diabetes, be sure to:

- Control your blood glucose.
- Brush twice a day and floss regularly.
- Visit your dentist for routine check-ups. Be sure to tell your dentist that you have diabetes.
- Tell your dentist if your dentures do not fit right or if your gums are sore.
- Quit smoking. Smoking makes gum disease worse. Your physician or dentist can help you quit.



A presentation by
Jerry Brown, DMD, CDE. University of South
Florida Department of Internal Medicine /

jabrown7@health.usf.edu

Diabetes and the Dental Professional

People with diabetes are at higher risk for periodontal disease. In fact, periodontal disease is the most common dental disease affecting patients with diabetes. Research also suggests that treating gum disease can help improve blood sugar control in patients living with diabetes.

This presentation discusses the challenges of patients living with diabetes, the special requirements patients have for regular professional periodontal care, good diet and diligent home care. Dental clinicians will be able to help patients understand how personal partnership with their dental health provider can help them manage their overall health with the goal of lowering their HbA1c and decreasing periodontal infection.

>>> [To view the presentation files, click here](#)

>>> [For more resources, click here](#)



Resources compiled by
MJ Fehrenbach, RDH, MS of
Dental Hygiene Education
>>> DHed.net

[Click here to browse
Oral Health resources](#)



If you're a caregiver, consider compiling an oral health history on older adults you assist. Consider questions like:

- Does the adult wear dentures, and what kind?
- Who is the family dentist?
- When was the senior's last dental checkup?
- What oral health routines have worked at home with the senior's family members?

And as a caregiver, consider these tips when assisting an older adult with oral health:

**National COPD
Awareness Month /
Lung Cancer
Awareness Month**



Tobacco Cessation Resources 2023

For Patients and Dental Professionals

Tobacco cessation is the single most effective step to lengthen and improve patients' lives. Quitting smoking has immediate and long-term benefits and is well worth the difficulty, both for the dental patient and the dental professional.

The dental team should seek to reinforce and compliment those patients who have recently stopped smoking.

Dental hygienists have many resources available for talking to patients about oral cancer, tobacco cessation and periodontal disease. Dental hygiene professionals are encouraged to spread awareness and share resources with their patients for disease prevention and detection. For example, **The Oral Cancer Foundation (OCF)** website features information on holding **free oral cancer screenings**, as well as resources for oral health professionals on topics such as **tobacco cessation programs** and the destructive and contagious human papilloma virus (HPV).

>>> [Click here for all the resources including:](#)

- the latest data on the cost of smoking by state,
- Dental Problems Associated with Tobacco Use
- Smoking, Gum Disease, and Tooth Loss (CDC)
- Healthcare Providers: Tools and Resources (CDC)

and much more

National Family Caregivers Month

Oral Health and Caregivers

- Always wash hands thoroughly.
- Brush and floss the senior's teeth every day.
- Dentures should be cleaned daily and removed each night.
- Help seniors avoid dry mouth. Hundreds of medications can reduce the flow of saliva, increasing the risk of tooth decay.
- Check the patient's mouth for any broken teeth or sores, blisters or lumps.

>>> [Click here to read more
and download flyer](#)



Learning opportunities with NNOHA



Teledentistry for Health Equity Learning Collaborative

NNOHA is accepting applications from health centers to participate in a virtual Teledentistry for Health Equity Learning Collaborative funded through NNOHA's National Training and Technical Assistance Partnership with the Health Resources and Services Administration (HRSA).

The Learning Collaborative will take place virtually from December 2023 to June 2024. The goal of the Teledentistry for Health Equity Learning Collaborative is to increase access to oral health services through synchronous teledentistry by using more efficient practice systems, patient engagement, provider recruitment/retention, and clinical improvements. Participating health centers will review and share strategies for using synchronous teledentistry beyond traditional emergency triage.

The Learning Collaborative will cover the following topics:

- How Health Centers are Using Teledentistry
- Using Teledentistry to Improve Health Equity
- Teledentistry Operations and Clinical Skills
- Teledentistry as a Tool to Improve Access

Applications are due November 10, 2023.

>>>Click here for more information and to apply

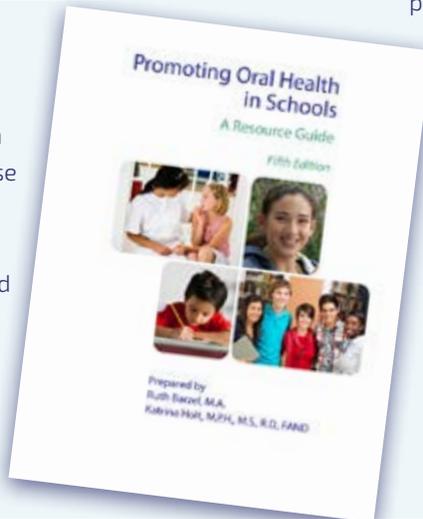


Promoting Oral Health in Schools: Resource Guide

Schools are ideal settings in which to reach children and adolescents and, through these children and adolescents, their families.

The National Maternal and Child Oral Health Resource Center (OHRC) produced **Promoting Oral Health in Schools: A Resource Guide** to provide information about materials for promoting oral health in schools.

>>> Click here to view / download



Now in Spanish: Fluoride Varnish for Adults: Q&A

This one-page handout provides information in English and Spanish that health professionals can share with adults, including pregnant women, about how fluoride varnish can make their teeth more resistant to tooth decay.

>>> Fluoride Varnish for Adults: Q&A



IPHCA™ Oral Health

WEBINARS & TRAINING

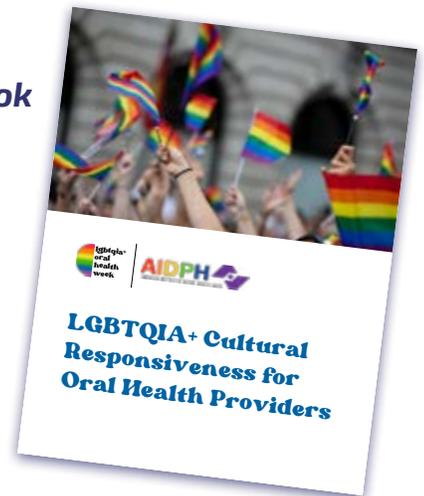
[Click here to browse Oral Health resources](#)

Resource highlight

Cultural Responsiveness Workbook

The **American Institute of Dental Public Health** is proud to introduce the **LGBTQIA+ Cultural Responsiveness for Oral Health Providers Workbook**, a comprehensive guide designed to bridge knowledge gaps and foster a deeper understanding of LGBTQIA+ patients in dental care. Engage with reflective scenarios, educate yourself on key terminology, and explore actionable steps to enhance your practice. This is not just about reading; it's about meaningful action and a commitment to elevating standards of care.

[>>> Click here to view / download](#)



New resources from CareQuest

The Link Between Food Insecurity and Oral Health

Individuals with one or more oral health symptoms experience significantly more food insecurity (a lack of consistent access to enough food to live a healthy life) than those with no oral health symptoms. This finding comes from a new **CareQuest Institute report**, which outlines who is most likely to experience food insecurity and how it is connected to oral and overall health.

[>>> Click here to read the report](#)



Shedding Light on Medical-Dental Integration

"The notion of dentistry as a field that's separate from medicine is a cultural phenomenon that really started when there were practitioners who seemed to be more like tradesmen focused on pulling teeth," says CareQuest Institute President and CEO **Myechia Minter-Jordan, MD, MBA**.

In this episode of Becker's Healthcare Podcast, she and Chief Health Equity Officer **Kaz Rafia, DDS, MBA, MPH**, delve into the critical connection between oral and overall health — and why medical-dental integration is the only path forward ...

[>>> Click here to listen to the podcast](#)

Community Health Center Highlight

Kudos to Heart City Health clinical and dental team for their great presentation about their Journey to Diabetes Dental Oral Health Integration at the Indiana Primary Health Care Association Conference 2023.

Heart City Health was asked to participate in the NNOHA Diabetes Learning Collaborative 2020-2022, from that, they have been working on their medical/dental integration for diabetes patients. Again, Kudos to them, and keep up with the good job!!



Left to right: **Dr. Mary McManmon, MD**, Associate Medical Director Heart City Health; **Romelia Mojica** Heart City Health Dental Manager; **Maricela Garcilazo** Register Dental Hygienist; **Dr. Mark Green** Dentist





IPHCA™
*Behavioural
Health*

RESOURCE UPDATE

To give feedback or provide resources for this page please contact Lyndsey White:

lwhite@indianapca.org
or call: 317.630.0845

[Click here to browse Behavioral Health resources](#)

Lung Cancer Awareness Month / National COPD Awareness Month

Behavioral Health Peer Call - special event

November 16 | 1:00 pm - 2:00 pm EST

In recognition of **Lung Cancer Awareness Month** and **National COPD Awareness Month**, IPHCA will be hosting **Holly Simpson**, the **Quitline Director for Indiana Tobacco Prevention & Cessation** on the Behavioral Health Peer Call, November 16th, from 1:00-2:00 pm ET.

Holly continues working to increase the reach of effective, evidence-based tobacco treatment services in Indiana. Prior to working for Indiana TPC, she worked as a Tobacco Initiative Coordinator and Tobacco Treatment Specialist focusing on community health coalition work and helping youth and adults end nicotine dependence. She will be providing valuable information focused on youth tobacco treatment resources available through **Quit Now Indiana** and the **Live Vape Free** Program.

[>>> Click here for details](#)

Please contact **Lyndsey White** for more information and an invite to the series.



FAO - FQHCs and LALs only

Annual State-Based 2023 Uniform Data System (UDS) Training



The annual UDS training will be conducted virtually in a series of two trainings as follows.

- Monday, November 6, 2023
- Tuesday, November 7, 2023

Participants should plan to attend all sessions for a full and comprehensive understanding of the complete UDS report.

Objectives:

- Understand the who, what, when, where, and how of UDS reporting.
- Discuss common reporting errors and tips for success
- Review key resources and supports available.

Attendees will:

- Gain an understanding of reporting the UDS, including the patient profile, reporting clinical services and quality of care indicators, operational and financial tables, and other required UDS reporting forms.
- Learn about the new requirements included in 2023 reporting.
- Learn tips for success, including strategies for submission.
- Receive valuable resources that provide further reporting guidance.

[>>> Click here for further details](#)

IPHCA™ Outreach & Enrollment

NEWS & UPDATES



To give feedback or provide resources for the O&E section of this newsletter please contact Jenny Walden:

jwalden@indianapca.org
or call: 317.630.0845

Shout out to Nancy!

Congratulations from the O&E team go out to Nancy Curd, of Jane Pauley Community Health Center who won the Employee of the Year Award at our Annual Awards lunch at our recent conference.



This award recognizes a primary health employee who has demonstrated excellence through: patient advocacy, innovative programs/services/systems, or collaborative efforts.

This is a well deserved award! Nancy is a true advocate for our health care community.
Full details of Nancy's achievements are on page XX

O&E Events for your calendar

FSSA Medicaid Unwinding Stakeholder Resources

November 13
11:00 am - 12:00 pm EST

[>>> Click here for details](#)

Outreach & Enrollment Leadership Peer Call

November 16
11:00 am - 12:00 pm EST

[>>> Click here for details](#)

Connect to Cure with Damien Center

Monday, November 6 / 11:00 am - 12:00 pm EST

Don't miss this special event! Damien Center presents **Connect to Cure: Creating Systems and Processes to Eliminate HCV.** More than 40,000 Hoosiers are living with Hep C. The goal of the Connect to Cure program is to eliminate Hepatitis C infections in Indiana through education and to connect those living with Hepatitis C to the resources and care needed....

[>>> Click here for more info or to register](#)



Navigator Spotlight

Who are you, what is your name?

Hi, my name is Trish Poncher and I am the Outreach and

Enrollment Coordinator for **HealthLinc**.

How long have you been a Navigator?

I have been a Certified Application Counselor for HealthLinc for 10 years.

Do you have any other certifications that align with your Navigator role?

I have been a SHIP Counselor for 3 years.

Where do you work?

I work for HealthLinc Community Center in Valparaiso, Indiana.

What is something that makes you proud of the organization that you work for?

I believe quality healthcare is a right every person should have and I am proud to be part of an organization with team members that make this happen for so many in the communities we serve.

[>>> Contact Trish](#)



What is your favorite part of your job?

My favorite part of my job is Outreach to the community. I am so fortunate to be able to be a part of HealthLinc's Outreach Team. I enjoy building relationships with our patients and our community partners. It's so rewarding to be able to help someone get insurance coverage so they can take better care of their health.

Something about your life that you enjoy.

I enjoy being a Mother! I have two beautiful daughters, Emily, age 24 and Katy, age 23.



IPHCA™ Outreach & Enrollment

NEWS & UPDATES

Click here to view our
O&E resources



>>> [Click here for the latest Medicaid Unwinding updates](#)

Update on cost sharing

It has been communicated to IPHCA that sometime in January, FSSA will release its plans regarding cost sharing. Stay tuned for more information as we receive the communications.

To ensure you are in the know, please contact us to get added to the Outreach and Enrollments listserve by contacting Jenny Walden at jwalden@indianapca.org.

Medicaid Coverage Q&A

Make sure you check out the Q&A section of Medicaid Coverage Protections.

You can find many of your answers here with the Q&A and the CMS waivers FSSA is participating in regarding the unwinding.

FSSA has also stated that they are applying for 3 more waivers.

1. Suspend the requirement to apply for other benefits under 42 CFR 435.608* (NEW)

1902(e)(14)(A) This strategy may be especially beneficial to minimize churn for individuals who meet all eligibility requirements, except for meeting the requirement to apply for other benefits to which they are entitled. This strategy would reduce the workload for eligibility staff who otherwise must follow up with beneficiaries whose coverage was continued despite not having applied for such other benefits per 42 C.F.R. 435.608 while the continuous enrollment condition described in section 6008(b) (3) of the Families First Coronavirus Response Act, as amended by the Consolidated Appropriations Act, 2023, was in effect. States may use this strategy to reduce procedural denials or terminations for failure to respond to requests for additional information regarding application for other benefits.

2. Renew Medicaid eligibility based on financial findings from the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), or other means-tested benefit programs*

1902(e)(14)(A) Redetermine financial eligibility for Medicaid for individuals whose SNAP or TANF gross income program and assets, as applicable, are below applicable Medicaid limits, despite the differences in household composition and income-counting rules between programs. This strategy is also available for states to use at application. Additional considerations may apply to states seeking to implement this authority for individuals enrolled in Medicaid on a non-MAGI basis

3. Renew eligibility if able to do so based on available information, and establish a new eligibility period whenever contact is made with hard-to-reach populations (NEW)

None. Permissible under 42 CFR 435.916(d)(1)(ii) This strategy relies on the authority for states to begin a new renewal period if the state receives information about a change in a beneficiary's circumstances and it has enough information available to it renewal eligibility with respect to all eligibility criteria or the beneficiary voluntarily provides needed information (e.g., an attestation of income). This strategy may not be used to shorten renewal periods by terminating coverage for beneficiaries prior to their scheduled renewal date unless the individual has reported or the state has obtained from external data sources, information indicating a change in circumstances that results in a determination of ineligibility in accordance with 42 CFR 435.916(d). This strategy may be especially useful to minimize churn for individuals experiencing homelessness or other transient populations. States may redetermine eligibility based on available information and establish a new 12-month eligibility period for eligible individuals, prior to a scheduled renewal date, to ensure that coverage is not later lost due to a procedural reason.

To view all of the available waivers click here (pdf)



RESOURCE BULLETIN

IQIN is a constituent network of community health centers within IPHCA, who work together to improve the quality and value of care provided to Indiana's most vulnerable residents.

By using health information technology and data, health centers are able to change the way they deliver care to produce better health outcomes for their patients.



For further help or to give feedback or provide resources for IQIN please contact Laura Totten

ltotten@indianapca.org
or call: 317.630.0845

[Click here to view all IQIN / QI resources](#)

IQIN On Demand

Look out for the latest IQIN On Demand email - which should be coming to you very soon.

IQIN On Demand is a regular newsletter that rounds up some of the resources, videos, recordings and other materials from IQIN events over the last few months - so you don't need to worry about having missed out.

If you would like to be added to the mailing list for IQIN On Demand, please reach out to **Laura Totten**.

Quality Improvement resources for:

Diabetes Awareness Month

4 Ways To Improve Patient Uptake On Diabetes Prevention

The staggering diabetes statistics in the U.S. highlight the urgent need for effective prevention strategies. With 28.5 million U.S. adults diagnosed with type 2 diabetes and nearly 100 million with prediabetes, the nation faces a significant health challenge.

But the National Diabetes Prevention Program (National DPP) lifestyle-change program is an approach that continues to yield positive results, underscoring the importance of proactive engagement from physicians and other health professionals, as well as the wider community.

[>>> Read more here](#)



Diabetic Eye Disease

Telemedicine Increases Diabetic Eye Exams

Oregon Health and Science University Prevention Research

Center (PRC) is researching the effectiveness of using telemedicine to prevent blindness from diabetic retinopathy.

The leading cause of blindness in working-age adults is eye disease related to poorly managed diabetes. Early diagnosis through screening and treatment of diabetes-related eye disease are 90% effective in preventing blindness.

[>>> Read more here](#)



Lung Cancer Awareness

Scalable Decision Support and Shared Decision Making for Lung Cancer Screening:

If scaled nationally, a shared decision making tool to support the appropriate use of low-dose computed tomography screening could prevent as many as 10,000 lung cancer deaths annually, while minimizing adverse events associated with screening

[>>> Read more here](#)



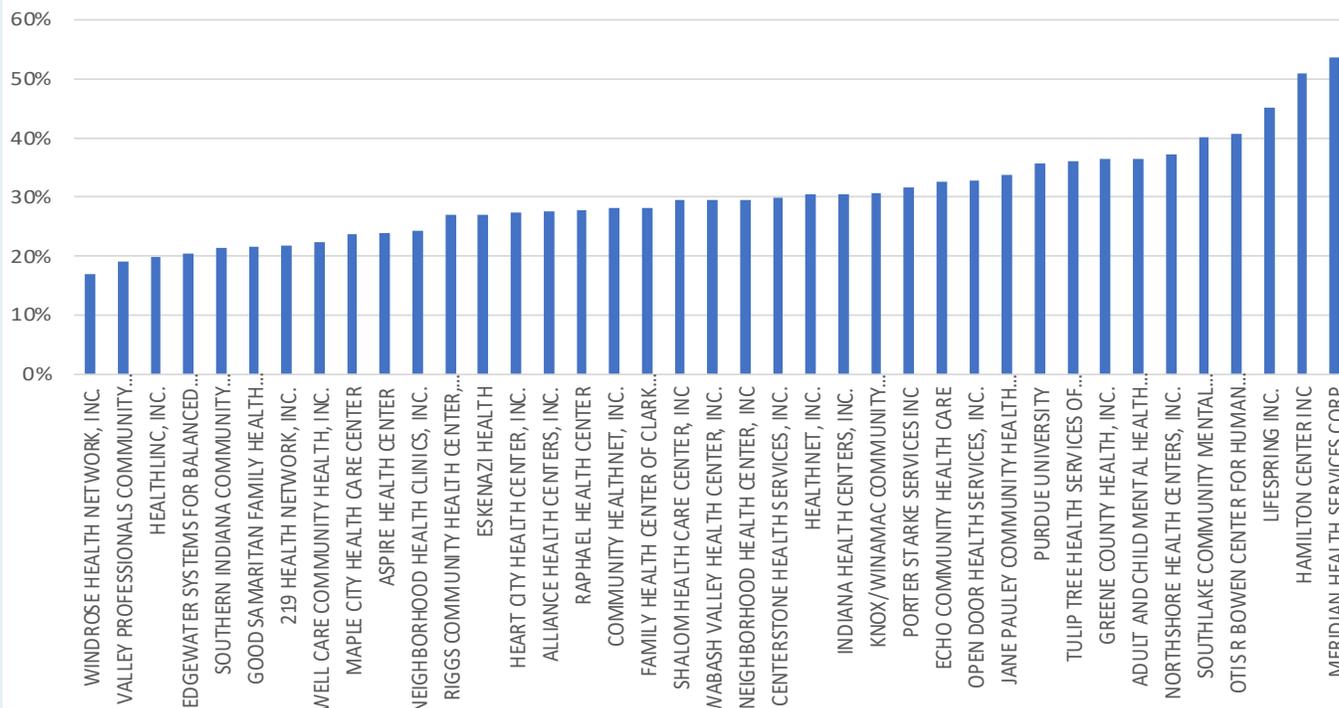
UDS Data Spotlights: Diabetes Awareness Month

Each month, IQIN will be highlighting metrics from the UDS 2022 data. we are highlighting data on uncontrolled A1c in diabetic patients. [More info here](#)

For more data, visit our recently updated [Dashboard](#).



Uncontrolled Diabetes: A1c >9 (UDS 2022)



Context: This graph shows the percentage of diabetic patients ages who were seen in 2022 and had either an A1c greater that 9% or were not tested for A1c. The denominator for this metric consists of diabetic patients ages 18-74 at the start of 2022 who had at least one medical visit during 2022. The numerator consists of those patients whose most recent A1c was greater than 9% or who did not have a test conducted during 2022. Patients who were in hospice care during 2022 were excluded from the denominator along with those patients 66 and older who were in a long-term care facility for more than 90 days or living with an advanced illness and frailty.

Webinar

Focus on Quality: Caring for Diabetic Patients

October 19*/ Noon Eastern

Focus on Quality is a webinar series where Indiana's community health centers work collectively to address the needs of the populations they serve every day. Every month, Focus on Quality will highlight a specific population and feature content experts and identified tools, along with peer best practice sharing, to improve the health and well-being of that population.

November's population of focus is patients with diabetes.

Please reach out to Maggie Kroeff (mkroeff@indianapca.org) for an invite to the series.



>>> [Click here for meeting details](#)

>>> [Click here for an overview of the Focus on Quality program](#)

>>> [Click here for all FoQ resources](#)





RESOURCE BULLETIN

Click here to view all ***IQIN / QI resources***

#HealthHub:

Social Media Content for Your Community

It's **Diabetes Awareness Month!** Use the resources and graphics created by the Center for Disease Control and Prevention to raise awareness about diabetes with your social media followers.

CDC have created a range of infographics, posters, social media materials and much more, to help you get your diabetes messages across.

>>> [Click here to access all the materials](#)



2 in 5
2 in 5 Americans are expected to develop type 2 diabetes in their lifetime.

© CDC 2012
U.S. Department of Health and Human Services

Did you know that these conditions are connected?
When you prevent or manage **one** condition, you can help prevent or manage all **three**.

Heart Disease
Chronic Kidney Disease
Diabetes

Find out more: cdc.gov/diabetes

THE ROAD TO TYPE 2 DIABETES

Category	Prevalence	Fasting Glucose Range (mg/dL)	HbA1c Range (%)
DIABETES	6.5% of adults	126 or above	6.5 or above
PREDIABETES	5.7 - 9.4% of adults	100 - 125	5.7 - 6.4
NORMAL	Below 5.7% of adults	99 or below	Below 5.7

The KLAS Corner

Register using your community health center's provided email address, and you will have access to all the resources KLAS provides.

>>> [Click here for more](#)



Segment Insights
Remote Patient Monitoring 2023
Healthcare Organizations Test Solutions in Rapidly Evolving Market
Performance Report | May 2023

Remote Patient Monitoring 2023

Healthcare Organizations Test Solutions in Rapidly Evolving Market

Remote patient monitoring (RPM) has demonstrated promising outcomes†—including earlier intervention and reduced utilization, outcomes that are critical in value-based care arrangements. The options for RPM are rapidly evolving, with many factors for healthcare organizations to consider. Reimbursement is an ongoing question, with some healthcare organizations feeling they can't rely solely on reimbursement from CPT codes.

Given all the factors at play, some healthcare organizations are starting with small pilots, testing to see which technology works. This report explores the customer experience with RPM technology in several key areas, including partnership, innovation, ease of use, and integration.

>>> [Read more here](#)