



IPHCA™ Monthly **December 2023**

Indiana
Primary Health Care
Association

All the latest news and resources - distributed to IPHCA members



Happy Holidays
from
IPHCA™
Indiana
Primary Health Care
Association

Focus
on Health
this Holiday Season

The holidays can make it hard to stick to healthy practices. Here's some strategies to help stay on track. [See page 8](#)

WORLD AIDS DAY
DECEMBER 1

[Read more on pages 10 & 16](#)

WILD TO mild

December 4-8 is 'Flu Vaccination Week!' [See pages 11 & 16](#)

also this month ...

New Community Training Opportunities
[See page 5](#)



Yay for us... We're a certified PCA ACE!
[See page 3](#)



Our Community Health Center members

219 Health
NETWORK

ADULT & CHILD
HEALTH

Alliance
HEALTH CENTERS

 **Ascension**
St. Vincent

Aspire
Indiana Health

BOWEN
CENTER


CENTERSTONE
HEALTH SERVICES

CHN
Community HealthNet
Health Centers

ECHO
COMMUNITY + HEALTHCARE

 **edgewater**
health

ESKENAZI
HEALTH
CENTER

 **Family**
Health
Center

 **Family Health Centers**
of Southern Indiana

family
HEALTH CLINIC

 **Greene County Health**


HAMILTON
CENTER, INC.

HealthLinc
YOUR COMMUNITY HEALTH CENTERSM

 **HealthNet**
Your Health. Our Passion.

 **Heart City Health**

 **IHC**
INDIANA HEALTH CENTERS
Your Pathway to Health

 **Jane Pauley**
Community
Health Center

 **LifeSpring**
Health Systems

 **Maple City**
Health Care Center

 **Marram**
Health Center

MERIDIAN
HEALTH Services
Physical. Mental. Social Well-Being

Neighborhood
Health Center
Our Community. Our Neighbors. Our Patients


neighborhood
HEALTH

 **NorthShore**
HEALTH CENTERS

 **OPENDOOR**
HEALTH SERVICES

 **Raphael**
Health Center

 **REGIONAL**
HEALTH SYSTEMS

 **Riggs**
community health center
Improving Health. Inspiring Lives

 **SOUTHERN INDIANA**
Community
Health Care

TULIP TREE
FAMILY HEALTH CARE

 **Valley Professionals**
Community Health Center

 **WVHC**
WABASH VALLEY HEALTH CENTER

 **IPHCA**TM

 **Well Care**
Community Health

 **WindRose**
Health Network

 **IPHCA**TM

We're PCA ACE Certified!

We are delighted to announce that IPHCA was recently awarded certification as an Advocacy Center of Excellence (ACE) - [Click here to read more](#)



Letter from Sean...

Navigating Challenges, Celebrating Achievements: A Reflection on the Year

As we gather amidst the twinkling lights and festive cheer, it's a time we often pause and reflect on the journey of the past year, marked by resilience and dedication in the face of diverse challenges. The landscape of healthcare has been ever-evolving, demanding our adaptability and perseverance. Our unwavering commitment to excellence in healthcare has remained steadfast through the highs and lows.

Our gratitude extends to the unwavering effort of our members—the backbone of healthcare accessibility for all in Indiana. Your tireless efforts and dedication to providing quality healthcare services, even in the face of adversity, continue to inspire us. It is your resilience and commitment that have propelled us forward, overcoming obstacles and making a positive impact on the lives of those we serve. As we embrace the holiday season, let us celebrate the spirit of unity and gratitude. It's an opportunity to cherish the bonds we've forged, the lessons learned, and the milestones achieved. Our heartfelt appreciation goes out to every healthcare professional whose compassion and sacrifice continue to heal and uplift our communities.

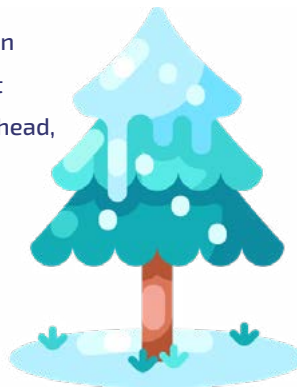
Looking toward the horizon, the new year holds the promise of continued progress in the formation of a Clinically Integrated Network, finalizing the new IPHCA strategic plan, continuing the Medicaid redetermination efforts, and beginning the work of our new three-year PCA Cooperative agreement. Let us step into it with renewed vigor and an unwavering commitment to our shared mission of advancing healthcare. May it bring us closer to our goals, strengthen our partnerships, and open doors to new possibilities.

In closing, I extend warm wishes for a peaceful holiday season filled with joy, love, and moments of reflection. May the spirit of togetherness and compassion guide us through the year ahead, ensuring that our collective efforts continue to shape a healthier, brighter future for all.

Happy holidays,

Sean

Sean Herbold, IPHCA CFO



IPHCA Monthly

CONTENTS

December 2023

IPHCA Resources	4
IPHCA Outreach & Enrollment	5 - 7
IPHCA Clinical	8 - 12
IPHCA Oral Health	13 - 15
IQIN	16 - 18

>>> **Clickable links** are provided throughout this newsletter - please notify us of any missing or incorrect links.

Any comments or suggestions please contact **Sean Herbold**, IPHCA CFO.

If you have not so already, **please follow us on Facebook!**



Also **visit our website** to find links to **previous issues**, an **events calendar**, our **resource center** and more!

Indiana Primary Health Care Association
150 West Market Street, Suite 520
Indianapolis, IN 46204
Phone: 317.630.0845
info@indianapca.org

© 2023 IPHCA All Rights Reserved.

DISCLAIMER This monthly magazine is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of awards totaling \$947,013 with 5% financed with non-governmental sources, and \$1,040,817 with 5% financed with non-governmental sources.

The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov)



Magazine design & production by
John Fordham Design

UPDATES & NEWS

Our **Resource Center** is your first stop for all learning, news, webinars and updates - everything our community health center membership needs.



To contribute resources, or if you have any questions or updates, please contact
Sean Herbold
sherbold@indianapca.org
or call: 317.630.0845

Training Opportunities

The IUI ECHO Center



IUPUI ECHO CENTER
IU Richard M. Fairbanks School of Public Health

The IU Indianapolis ECHO Center uses the Project ECHO model to create a peer-to-peer, virtual learning collaborative that increases workforce capacity.



Rather than moving patients, ECHO moves knowledge and helps more patients receive the right care, in the right place, at the right time.

Each session features a didactic presentation shared by a subject matter expert and a de-identified case presentation shared by a participating ECHO learner. Didactic presentations offer timely guidance on best practices in care, while case presentations allow participants to gather recommendations on clinical care and resources to best serve their patients. Presenting a patient case during an ECHO may fulfill community education criteria and count towards a Community Based Bonus.

All healthcare professionals are invited to join ECHO's virtual sessions as your schedule allows. You can join anytime throughout the programming year!



UNITE Against SUD Stigma: A Special ECHO Series

The **UNITE Against SUD Stigma** series is designed for medical professionals and first responders to break down stigma for individuals with substance use disorder. Each interactive session will include a presentation by experts in the field and an opportunity to ask SUD treatment, prevention, and screening related questions. Attendees are eligible to obtain CMEs for the UNITE Against SUD Stigma special ECHO series.

The next UNITE Against SUD Stigma session will be held virtually via Zoom on **Tuesday, December 12, 2023, 12:00 – 1:00 pm ET.**

The session will feature a didactic presentation on "Developing a Comprehensive Overdose Response Plan: Successes and Barriers," by Eric Yazel, MD, Indiana Chief Medical Officer.

Register for the UNITE Against SUD Stigma session **using this link**, or email Kaley Liang at klliang@indiana.edu with any questions.

Past UNITE recordings can be **viewed online here**.

Viewers are eligible to obtain continuing education credits upon watching full session recordings and completing the accompanying post-test activity.

Black Maternal Health ECHO

The Black Maternal Health ECHO focuses on providing evidence-based education and training to birthing professionals.



Through collaboration, we aim to reduce maternal morbidity and mortality among Black women, by giving providers the knowledge and skillsets they need when working with pre- and post-partum women.

Our goal is to build capacity to best respond to the needs of diverse patients, increase access to care, and improve health outcomes while reducing disparities.

The next **Black Maternal Health ECHO** will be hosted virtually on **Wednesday, December 6, 2023, 11:30 am – 1:00 pm ET.**

This session will feature a didactic presentation on "Preeclampsia: Diagnosis and Management" presented by Lauren Dungey-Poythress, MD, FACOG, Associate Professor at the IU School of Medicine.

To register, click this link or email Kaley Liang at klliang@indiana.edu with any questions.

Project ECHO is a movement to demonopolize knowledge and amplify capacity to provide best practice care and improve health for people all over the world.



IPHCA™ Outreach & Enrollment

NEWS & UPDATES



To give feedback or provide resources for the O&E section of this newsletter please contact Jenny Walden:

jwalden@indianapca.org
or call: 317.630.0845

[Click here to view our
O&E resources](#)



[>>> Click here for the latest
Medicaid Unwinding updates](#)

SAVE THE DATE:

**May 6 is
Navigator
Monday 2024**

at the
Indianapolis Artsgarden,
924 N Pennsylvania St.
Indianapolis, IN 46204

9 AM – 5 PM

More details coming soon!



Learning Opportunities

Community Health Worker /Navigator Training

[Start here](#)

IPHCA has received additional funding to support the Unwinding of the Continuous Enrollment. We are providing Indiana Navigator Training and/or Community Health Worker Training at no cost to you for the training.

What to expect/requirements:

- **Community Health Worker Training is virtual.**

- It is a 6-week long self-study program. Each registered participant will receive:
- an electronic copy of the Foundations for Community Health Worker 2nd edition,
 - access to an online training platform
 - two-hour review sessions with certified trainers virtually on Fridays,
 - online quizzes to check knowledge throughout the training, certification examination, and
 - one-year membership to **Indiana Community Health Worker Association**.

The training provides participants with college credits at Indiana Tech and Indiana University Northwest.

- **Indiana Navigator Training is a two-day in-person training.**

Participants will receive a training manual.

This position requires two CE credits each year, and is provided in May 2024 through IPHCA for a minimal fee. There is a **\$50 fee for registration** with the Indiana Department of Insurance, **background check \$7**, and **testing \$50**.

We are also trying to negotiate a process for IPHCA to cover these expenses.

You will need to allow your employees time to study and test for these positions.

If you are interested in participating, please complete the information below.

You can submit multiple registrations, but only one person per organization completes the survey. Training opportunities will be fulfilled on a first-come, first-served basis.

Due to funding restrictions, this opportunity is only available to FQHCs, Look a Likes, RHCs, CHCs and CMHCs.

This survey will close on December 6th, 2023.

[>>> Click here to get started](#)

IPHCA™ Outreach & Enrollment

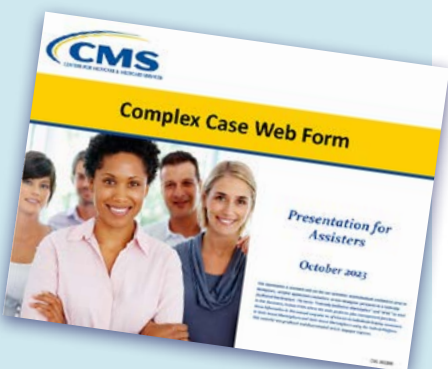
NEWS & UPDATES

Do you have a MarketPlace complex case?

Please use these tools to help you through this process.



[Click here to view the Complex Case User Guide](#)



[Click here to view pdf of Complex Case presentation](#)

[>>> Click here to view all resources](#)



Learning with INCHWA

The Certified CHW Experience Track is back for a limited time

If you have been certified as a Community Health Worker (CHW) by an Indiana CHW Education Organization not recognized by INCHWA and your certification has expired or will soon expire, INCHWA is here to help!

It has come to INCHWA's attention that as of July 2023, certificates provided by Education Organizations not recognized by INCHWA may not be renewable. This may leave many CHWs with a certificate that is no longer valid.

INCHWA invites any CHW who is in this dilemma, with a CHW Certificate that expired between July 2020 and July 2023, to apply to become a Certified CHW through INCHWA's Experience Track. This opportunity will be available for a limited time of 10 months starting October 1, 2023. INCHWA's CHW Certification never expires, and while CEUs are encouraged, they are not required.

To qualify to become certified through INCHWA's Experience Track, you must:

- Have completed a previous CHW foundational education provided by an Indiana CHW Education Organization not recognized by INCHWA (Your CHW Certificate will not have an INCHWA logo),
- Have worked/volunteered as a CHW for at least 1,000 hours within the last year (if your CHW Certificate expired before July 2023),
- Become a Level 2 INCHWA Member, and
- Complete a 1-hour on-demand training provided by INCHWA that supplements the content of education provided by your previous CHW Education Organization (This course--Sharpening the Edge Training Track-- is available online once registered as a Level 2 INCHWA Member).

We strongly encourage all CHWs previously certified by an Indiana CHW Education Organization not recognized by INCHWA to apply so that you retain the recognition that you have worked so hard to achieve!


The total cost for certification through INCHWA's Experience Track is \$90.

Payment is non-refundable and does NOT guarantee certification.

No exceptions to the requirements can be made.

For more information and to request an application, email CertAdmin@inchwa.org.

Visit [INCHWA site](#)



IPHCA™ Outreach & Enrollment

NEWS & UPDATES



Webinar

Understanding BPHC

Please join us on **December 18th** at 2 pm as **Elaine Trepanier** and **Brian Gilbert** with **FSSA** present **Understanding BPHC and Certification**. This will be a great overview of the program and a deep dive with technical assistance.

You won't want to miss out.

[>>> Click here for more info and to register](#)

New update

New Efforts to Improve the Surprise Billing Payment Dispute Process

CMS.gov

On October 27, 2023, the Biden-Harris Administration released a proposed rule on the No Surprises Act's Federal independent dispute resolution (IDR) process. The Administration has demonstrated its commitment to implementing the No Surprises Act (NSA) to protect consumers from surprise billing and is consistently making progress in improving the Federal IDR process. The Federal IDR process is a mechanism that providers (including air ambulance providers), facilities, and health plans can use to resolve payment disputes for certain out-of-network charges. The proposed rule, if finalized, would improve communications between payers, providers, and certified IDR entities who make payment determinations; adjust Federal IDR timelines; establish new batching criteria; create a more efficient Federal IDR process; and change the administrative fee structure to improve accessibility of the process.

"The Biden-Harris Administration continues to take actions to protect patients from junk health insurance and unfair billing practices. This rule is the next step in ensuring we take patients out of the middle of billing disputes between insurers and health care providers," said HHS Secretary Xavier Becerra. "Eliminating surprise medical bills, reducing the burden of medical debt, and curtailing junk insurance plans continue to be high priorities. HHS will continue to do everything in our power to protect patients."

"The No Surprises Act continues to protect consumers from surprise medical bills," said CMS Administrator Chiquita Brooks-LaSure. "The Biden-Harris Administration continues to demonstrate a commitment to implementing the law for the American people. Today's proposed rule will strengthen the communication between health care payers and providers and improve upon the independent dispute resolution process."

[>>> Read the press release in full in CMS newsroom](#)



Navigator Spotlight

Who are you, what is your name?

Stephanie Reynolds

How long have you been a

Navigator? 9 years. I am a

Certified Application Counselor for

Navigator as well as a SHIP counselor for Medicare.

Where do you work?

Neighborhood Health in Fort Wayne.

What is something that makes you proud of the

organization that you work for? I am very proud of what I do and the organization I work for because we stand on our providing access to quality health service where everyone is cared for with compassion and respect. We currently have 2 clinics; both are located

in Fort Wayne IN. We see people of all nationalities and financial backgrounds.

What is your favorite part of your job? The reason why

I love doing what I do is because I remember going to the clinic and/or a doctor's office and being very sick with no insurance. I was always looking for options, such as how to obtain insurance or just understanding how it works, and I knew I needed to stay healthy for my children.

Something about your life that you enjoy

Traveling with my daughter, playing bingo, and trying different foods.

Stephanie Reynolds,

Neighborhood Health



RESOURCE BULLETIN



To give feedback or provide resources for the Clinical section of this newsletter please contact **Nicole Stilianos**:

nstilianos@indianapca.org
or call: 317.630.0845



Looking for support during the holidays? Check out these free resources.

The holiday season can be a time of joy, community, and connection, but many people experience an increased sense of loneliness and isolation during this time of year. Whether it is in a crowded room or at home by yourself, loneliness is painful.

While you might want to reach out to friends, family, and loved ones, sometimes it feels better to talk to someone with shared experiences or someone you don't even know.

Here are some free resources for extra support and connection this season and all year round.

These are just a few of the resources available, but there may be many more in your community. In addition to taking care of yourself, it's important to reach out to the people around you too. It is often surprising how many people around us are feeling the same way we are.

[>>> Click here for more](#)

Health and Wellness Awareness Topics for December



This Holiday Season Is a Great Time to Focus on Health

The **best ways** to prevent most chronic diseases are to **eat healthy, be physically active, and avoid tobacco and excessive alcohol use**. The holidays can make it hard to stick to these healthy practices or start new ones. But with a little planning, you can approach the busiest time of the year with some strategies to stay on track.

Start some new traditions.

Holiday gatherings are a wonderful time to revisit traditional and **cultural foods**. Maybe this is the year you can try some **healthy recipes** and offer a healthier version of an old favorite—or even something different that becomes a new tradition.

Call time-out for some time out.

With cooler weather, travel, and disruptions in routine, it can be tough to stay active. Learn how to make time for **physical activity** when life gets in the way. And make it a group effort! Halftime is the perfect time to pull the crew off the couch and out the door for a walk.

Commit to quit.

It's never too late to **quit smoking**, and your family and friends can help. Quitting smoking has immediate and long-term benefits and can also protect the health of your loved ones. Learn how to get support to quit for good.

Learn your family health history.

If you have a family history of a chronic disease—like cancer, heart disease, diabetes, or osteoporosis—you may be more likely to develop that disease yourself. Family gatherings offer a chance to find out details that you can share with your doctor. You can use **My Family Health Portrait** to record these details.

Don't forget your well-being.

Sleep is essential for good physical and mental health. Adults need at least 7 hours every day. If you are struggling to get the rest you need this holiday season, check out these **tips for better sleep**.

Learning to cope with stress in healthy ways can make other healthy choices easier. For stress relief, take deep breaths, stretch, meditate, or do an activity you enjoy, even if it's just for 10 minutes. Talk with people you trust about how you're feeling, and write down the things you are grateful for. These **coping tips can help**—over the holidays and all year long.

[>>> Click here for all resources](#)





RESOURCE BULLETIN



December is Safe Toys and Gifts Month

During the season of giving, toy safety is crucial in protecting children and other gift recipients. To help remind all gift-givers to buy wisely, **Prevent Blindness America** has designated December as Safe Toys and Gifts Month. Parents and friends of children can take steps to facilitate safe gift-giving this season by making sure the toys they buy for young ones are appropriate and safe.

The Importance of Safe Gift-giving

According to the **U.S. Consumer Product Safety Commission** (CPSC), emergency rooms treated about 224,200 toy-related injuries in 2019. Also, thousands of children suffer various forms of eye injury, including blindness, from unsafe toys.

Children can incur other types of toy-related injuries. For instance, kids can fall off bikes, skateboards, and scooters and suffer broken bones, bruises, head injuries, or cuts. Helmets, knee pads, and other personal protective equipment (PPE) can reduce or prevent injuries when falls happen...

>>> [Click here to read more, including a safe toy checklist](#)



Mental Health Resources...



... for the BIPOC Community

Mental health used to be a taboo subject but has received renewed focus over the last several years. In the United States, around 18% of adults — or about 60 million people — meet the criteria for a mental illness. Of that group, 4% live with a serious mental illness. But only about 43% of people with a mental illness in this country receive the care they need.

Mental illness does not discriminate and affects people regardless of race, gender, sexuality, ethnicity, socio-economic status, and age. However, members of the BIPOC community (which stands for Black, Indigenous, and People of Color) face barriers to receiving mental health care. These barriers are undoubtedly complex. However, they likely stem from historic and systemic racism both inside and outside of healthcare communities, as well as economic, geographic, and linguistic hurdles.

If you or someone you love belongs to the BIPOC community, you may wonder how to overcome these barriers to access quality mental health care. We've compiled information and resources in this guide to help ease that burden.

>>> [Click here to read more](#)

... for the Latinx Community

Research shows that 16% of the Latinx population met the criteria for having a mental illness in the last year. However, only 34% of Latinx adults in the United States get help for mental health concerns in an average year. This statistic means that millions of people aren't getting the treatment they need. Whether you're looking for resources for yourself or a loved one, it's crucial to know you are not alone.

We've compiled some facts about the struggles and barriers to mental health care that exist for the Latinx community within the United States, and some pointers and resources to help cross some of those gaps.

If you are currently having a mental health emergency, such as thoughts of suicide, please reach out to a friend or loved one, a text or phone crisis line (text HOME to 741741 or call 1-800-273-8255), or your local emergency department.

>>> [Click here to read more](#)

>>> [Read more here](#)



[Click here to view all Clinical resources in our Resource Center](#)

Dates to Remember in December



December 1 is World AIDS Day 2023

On December 1st, the world will unite to commemorate World AIDS Day for the 35th time. The U.S. government's theme, World AIDS Day 35: Remember and Commit, pays tribute to those we have lost to HIV/AIDS and emphasizes our collective responsibility to act to end the HIV epidemic.

This annual event serves as a reminder of the global struggle to end HIV-related stigma, an opportunity to honor those we have lost, and a rallying cry to commit to working toward a day when HIV is no longer a public health threat.

The first World AIDS Day took place in 1988, providing a platform to raise awareness about HIV and AIDS and honor the lives affected by the epidemic. This year marks the 35th commemoration of this important day. Over the past 35 years, there has been significant progress in addressing HIV and AIDS thanks to advancements in medical research, increased access to treatment and prevention, and a broader understanding of the virus.

[Click here for Event Planning Guide](#)

[Social Media Toolkit](#)

December 3 is International Day of Persons with Disabilities



United Nations

Today, the world population is over 8 billion people and more than one billion people, or approximately 15 per cent of the world's population, live with some form of disability; 80 per cent live in developing countries.

The annual observance of the **International Day of Disabled Persons** was proclaimed in 1992 by United Nations General Assembly resolution 47/3. It aims to promote the rights and well-being of persons with disabilities in all spheres of society and development, and to increase awareness of the situation of persons with disabilities in every aspect of political, social, economic and cultural life.

[>>> Read more here](#)

[>>> See WHO's page on disability](#)



International Day of Disabled Persons recognizes visible and invisible disabilities, to promote the importance of inclusion in life and the workplace. An annual event, World Disability Day is hosted by the United Nations and encourages business leaders across the globe to value the unique contributions of disabled people.

[>>> Discover how to celebrate and support disabled employees in your workplace.](#)



International Day of Persons with Disabilities

3 DECEMBER

Click here to view all
Clinical resources
in our Resource Center



December 4-8 is National Influenza Vaccination Week



From December 4-8, 2023, we will observe National Influenza Vaccination Week, a reminder for everyone 6 months and older that there's still time to get a flu vaccine this season.

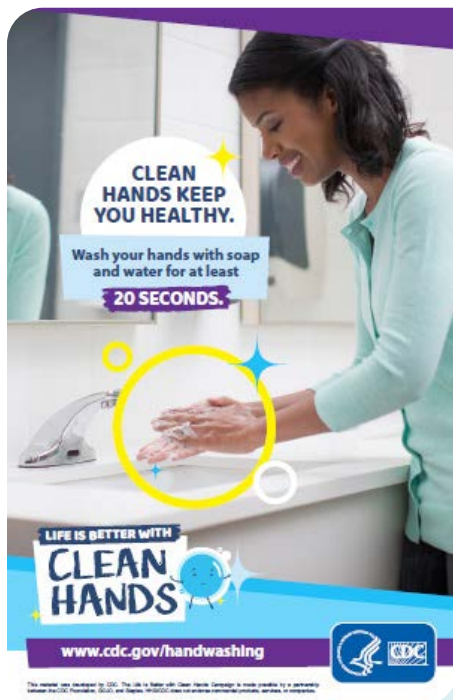
Vaccination is particularly important for people who are at higher risk of developing serious flu complications, including pregnant people and young children. Millions of children get sick with flu every year, and thousands will be hospitalized as a result. Pregnant people also are at higher risk of developing serious flu complications.

Since flu viruses are constantly changing and protection from vaccination decreases over time, getting a flu vaccine every year is the best way to reduce your risk from flu. A flu vaccine is the only vaccine that protects against flu and has been shown to reduce the risk of flu illness, hospitalization, and death.

Together, we can use NIVW as a nationwide call to action to encourage everyone 6 months and older to get their annual flu vaccine, especially pregnant people, young children, and others at higher risk. The more people vaccinated against flu, the more people are protected from flu.

[Click here for CDC NIVW resources](#), vaccination messages, and activities you can use to share key flu information with your networks.

[>>> More resources here](#)



National Handwashing Awareness Week

December 03, 2023 - December 09



National Handwashing Week is observed in the first week in December and is dedicated to helping people remain healthy one handwash at a time. Practicing good hand hygiene is a simple yet effective way to prevent infections. Washing your hands regularly can prevent the spread of germs.

CDC launched Life is Better with Clean Hands, a new national campaign designed to motivate adults to make clean hands part of their daily lives. The campaign resources below are designed to help raise awareness about the importance of handwashing at key times in both homes and public settings, such as before cooking or after using the bathroom.

[Download and share them](#) to help spread the word and encourage handwashing within your community.

[>>> Read more](#)

Other resources

[>>> NHAW with Henry the Hand](#)

[>>> CDC's handwashing page](#)



WEBINARS & TRAINING

Approaches to Mental Health Care for Migrant and Seasonal Agricultural Workers



Hosted by Farmworker Justice and Health Outreach Partners

Tuesday, December 5
1:00–2:30 p.m. ET

In this participatory webinar, Farmworker Justice and Health Outreach Partners will first provide an overview of mental health disorders and how outreach and enabling services can provide trauma-informed care to screen and support mental health in Migrant, Seasonal and Agricultural workers (MSAWs).

[>>> Registration page](#)



Removing Barriers and Facilitating Access: Improving Health Care Access for People with Disabilities

Hosted by NCHPHA

Tuesday, December 5
2:00–3:00 p.m. ET

Disability inclusion allows for people with disabilities to take advantage of the benefits of the same health promotion and prevention activities experienced by people who do not have a disability.

[>>> Registration page](#)



Suicide in Older Adults: What You Need to Know About Risk and Prevention

Hosted by the **National Center for Equitable Care for Elders**

Wednesday, December 6
1:00–2:00 p.m. ET

Overview of known suicide incidence, causes and assessment in populations of community-dwelling older adults.

[>>> Registration page](#)



Supportive Transition Care for Foster and Former Foster Youth

Hosted by **NCMLP**, in partnership with SBHA and the **National LGBTQIA+ Health Education Center**

Wednesday, December 6
2:00–3:00 p.m. ET

A webinar to help better understand and address the unique health and health-related social needs of foster youth as they transition to adulthood.

[>>> Registration page](#)



Health Network:

A Care Coordination Program for Patients Who Move During Treatment

(in Spanish with English interpretation)

Hosted by Migrant Clinicians Network

Thursday, December 7
1:00–2:00 p.m. ET

Strategies for incorporating Health Network into your existing clinic systems, and more ...

[>>> Registration page](#)



UDS Training for Primary Care Associations and Health Center Controlled Networks

Monday, December 11
1:00–2:30 p.m. ET

[>>> Registration page](#)



Poverty, Housing and Stigma: The Profound Effects of The Social Determinants of Health on Addiction Management

Hosted by NCHPHA

Monday, December 18
1:00–2:00 p.m. ET

An epidemiological perspective of addiction management with a focus on the impact that housing, poverty and historical marginalization have had on the lived experience of Residents of Public Housing and other marginalized groups.

[>>> Registration page](#)

Visit our **Events calendar** for all upcoming events

IPHCA™
Oral Health
RESOURCE BULLETIN

IPHCA is committed to supporting Oral Healthcare provision across all our community health care settings within our membership and throughout Indiana.



For further help or to give feedback or provide resources for this section please contact Karla Marin:
kmarin@indianapca.org
 or call: 317.630.0845

ADA American Dental Association®
 America's leading advocate for oral health

Dental Staff Wages and Job Counts

The U.S. Bureau of Labor Statistics recently released new data on wages and job counts (currently filled positions) of dental hygienists, dental assistants and general practitioner dentists.

HPI created an interactive dashboard to visualize the data at both the national and state levels from 2001 to 2022.

>>> [See dashboard](#)

Report

Dentist Workload Impact from Staffing Shortages

ADA American Dental Association®
 America's leading advocate for oral health

Dentists report taking on additional tasks as staffing shortages persist, according to new data from the American Dental Association's (ADA) Health Policy Institute (HPI).

Of the more than 1,000 dentists surveyed in the October 2023 edition of HPI's "Economic Outlook and Emerging Issues in Dentistry" poll, more than one-third of respondents reported that workload division has changed between themselves and their teams since the beginning of the COVID-19 pandemic, with many dentists taking on duties normally assigned to dental hygienists, dental assistants and administrative team members. Poll respondents also said that more team members are being cross-trained and maximizing their qualifications to meet staffing shortages.

Additionally, when asked whether staffing shortages or low patient demand concerned them the most, more than half of poll respondents said they are concerned about staffing shortages, while about one-third selected "concerns about low patient demand for care."

>>> [Read more here](#)



PERCENTAGE OF DENTISTS WITH AN ADEQUATE NUMBER OF NON-DENTIST STAFF IN THEIR PRACTICE, OCTOBER 2023



Source: American Dental Association Health Policy Institute, Economic Outlook and Emerging Issues in Dentistry, October 2023.

Screening and Preventive Interventions for Oral Health - new recommendations

The U.S. Preventive Services Task Force published final recommendation statements and evidence summaries on screening and preventive interventions for oral health in **children and adolescents ages 5-17 years** and **adults**.

These include a summary of comments received at the draft stage and changes made.

>>> [Click here for recommendations for children over 5](#)

>>> [Click here for recommendations for adults](#)



[Click here to browse Oral Health resources](#)

Report

Oral Health, Mental Health and Substance Use Treatment: A Framework For Increased Coordination And Integration

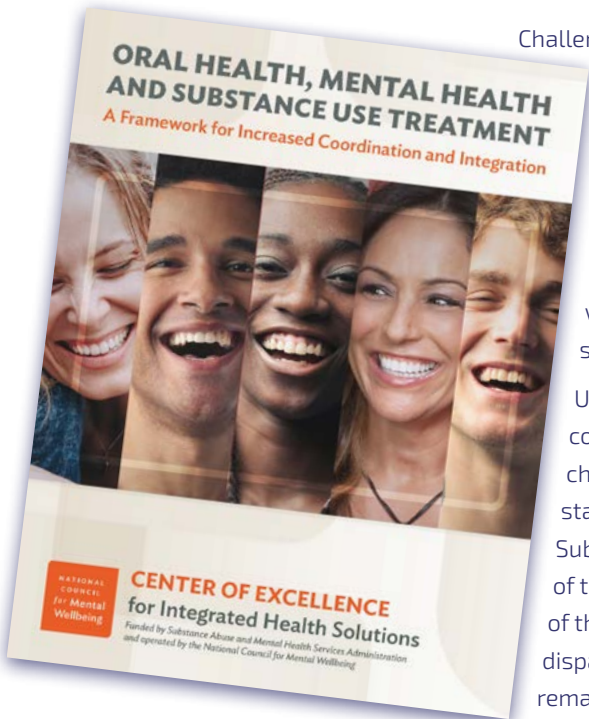
The National Council for Mental Wellbeing and Bowling Business Strategies developed this toolkit in partnership with a group of national experts convened to help advance the field of oral health, mental health and substance use treatment coordination and integration.

Why is better coordination and integration of oral, mental health and substance use treatment services important?

Challenges with oral health, mental health and substance use are exceedingly common in the United States and contribute heavily to the burden of disease in the nation. There are a multitude of bi-directional connections between oral health and behavioral health (mental health and substance use challenges).

In other words, having a mental health or substance use challenge such as depression, anxiety or substance use disorder (SUD) can negatively impact one's oral health, and vice versa. Poor oral health can create or exacerbate problems with mental health, self-esteem, cognitive health, and substance use and impede social functioning in areas such as employability and school engagement.

Untreated oral, mental health, and substance use challenges are costly and contribute to health disparities. Oral health, mental health, and substance use challenges have historically been undertreated in the United States, often with stark disparities in access to care. According to the most recent data provided by the Substance Abuse and Mental Health Services Administration (SAMHSA), nearly 90% of the 20.4 million Americans with a SUD received no treatment, and more than 55% of the 51.1 million Americans with any mental illness received no treatment. Racial disparities in oral health (dental) care utilization, while declining for children, largely remain for the adult and senior population ...



[View / download the toolkit](#)

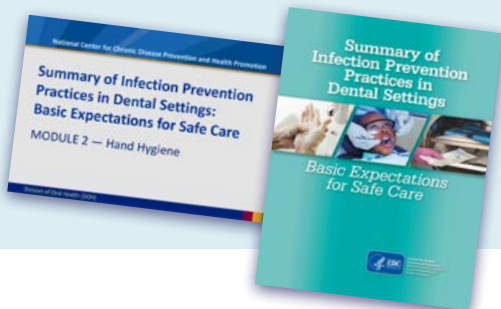
[>>> Read more and get the toolkit here](#)

National Handwashing Awareness Week

Summary of Infection Prevention Practices in Dental Settings:

Basic Expectations for Safe Care MODULE 2 – Hand Hygiene Is Key for Prevention

[View / download](#) this presentation from CDC underlining the importance of hand hygiene:



Hand Hygiene

- Is a critical practice for preventing the transmission of pathogens in health care settings.
- Reduces harmful microorganisms in the hands.
- Compliance with hand hygiene practices is routinely used as a clinical performance indicator in hospital settings.
- Is expected by patients to be performed by all dental health care personnel (DHCP).

[>>>Click here for resources](#)





10 Healthier Snacks and Gift Ideas for the Holidays

The holidays are a wonderful time with family, friends, gifts, and indulgent desserts. However, too much sugar can impact your family's oral health! There are several healthier alternatives and recipe substitutions for holiday desserts. These include swapping cups of sugar out for apple sauce, topping cakes and cookies with nuts and dried fruit, or swapping out candy for a board game instead.

Healthy holiday treats for kids

The reason sugar is bad for your teeth is that bacteria love to eat sugar. When bacteria in your mouth break down sugar, the bacteria release acid. The acid weakens tooth enamel, leading to tooth decay and cavities. The good news is that reducing the amount of sugar in holiday treats can be easy! If you swap out as much white sugar with fruit or nuts, you will add more nutritional value and less of that acid on your children's teeth.

Here are several ideas for holiday treats that can have less sugar but still taste just as good.

[>>> Keep Reading](#)

Learning opportunities

Reduce Stress with Intuitive Technology

Technology is advancing daily and can offer considerable improvements to dental workflow and patient care. However, this same technology can lead to stress within the dental practice and create unexpected burdens. In this lecture, learn how to identify team stress triggers and find the right balance of technology that best fits your practice.

After participating in this webinar, participants will be able to:

- Understand technology's impact on stress and retention of teammates in their practice;
- Learn how to make the right technology choices based on their practice and patient needs.
- Identify training needs to improve confidence and engagement with technology in a crowded technology market;
- Gain insight into assessing clinical needs to reduce team stress;

The webinar will be offered on **Wednesday, December 6, 4:00 PM - 5:00 PM ET**

[>>> Click here to register](#)

Community Dental Health Coordinators: An Introduction to Oral Health Integration for Health Centers

Thursday, December 7, 2023 / 1:00 PM - 2:00 PM ET

This webinar has been approved for 1 Continuing Dental Education (CDE) credit

In this webinar (Hosted by HRSA), ADA will provide facts about the Community Dental Health Coordinators (CDHC) program while Zufall Health and Finger Lakes Community Health will share about their experience with having a CDHC on their team.

Objectives: *Participants will learn about the:*

1. CDHC curriculum in a health center setting
2. Benefits of integrating oral health in a health center setting
3. Value of CDHC as a strategy to retain workforce

[>>> Click here to register](#)



The Connection Between Mental Health and Oral Health

December 7, 2023 | 11am CT

For veterans who have serious mental health conditions, 60% have fair to poor oral health, which can affect self-esteem, employment opportunities, heart and endocrine health, and overall systemic health. During this **Veteran Oral Health Action Collaborative** session, presenter **Jessica Elwell**, executive director of **Everyone for Veterans**, will examine how an integrated and coordinated care approach is needed to optimize veteran well-being. Free CE credits and the opportunity to earn a Certificate in Integrated Care Approaches to Veteran Oral Health are available. Please join us!

[>>> Register here](#)





RESOURCE BULLETIN

IQIN is a constituent network of community health centers within IPHCA, who work together to improve the quality and value of care provided to Indiana's most vulnerable residents.

By using health information technology and data, health centers are able to change the way they deliver care to produce better health outcomes for their patients.



For further help or to give feedback or provide resources for IQIN please contact Laura Totten

ltotten@indianapca.org
or call: 317.630.0845

[Click here to view all IQIN / QI resources](#)



The latest IQIN On Demand resource collection is available in our resource center now:

[Click here](#) to view useful presentations and materials gathered from events August thru October 2023.

If you would like to be added to the mailing list for IQIN On Demand, please reach out to [Laura Totten](#).

Quality Improvement resources for:

World Aids Day - December 1



Integrated HIV Prevention and Care Plan Guidance

The CDC Division of HIV Prevention (DHP) and the HRSA HIV/AIDS Bureau (HAB) have developed a guidance document for the submission of an Integrated HIV Prevention and Care Plan, including the Statewide Coordinated Statement of Need (SCSN).



[>>> Read more here](#)

Achieving Elimination of Perinatal HIV in the United States

Perinatal HIV transmission is being eliminated in the United States. This achievement is the result of the determination, innovation, cooperation, and dedication of numerous individuals working across multiple sectors, most notably, women with HIV.



[>>> Read more here](#)

National Influenza Vaccination Week

CDC Digital Media Toolkit: 2023-2024 Flu Season

CDC's seasonal flu vaccination campaign materials are available to assist partners in communicating about the importance of vaccination. This digital toolkit includes details on events/activities, sample social media and newsletter content, graphics, web assets, and media prep material.



[>>> Read more here](#)

Flu Season 2023: CDC guidelines for COVID, RSV and Flu Vaccines with Demetre Daskalakis, MD

Everything patients need to know about the flu season and vaccine this year from **Demetre Daskalakis, MD, MPH**, acting director of CDC's **National Center for Immunization and Respiratory Disease**. Dr. Daskalakis shares who should get the flu vaccine, when the ideal timing is and how vaccination protects individuals and their loved ones.



[>>> Read more here](#)

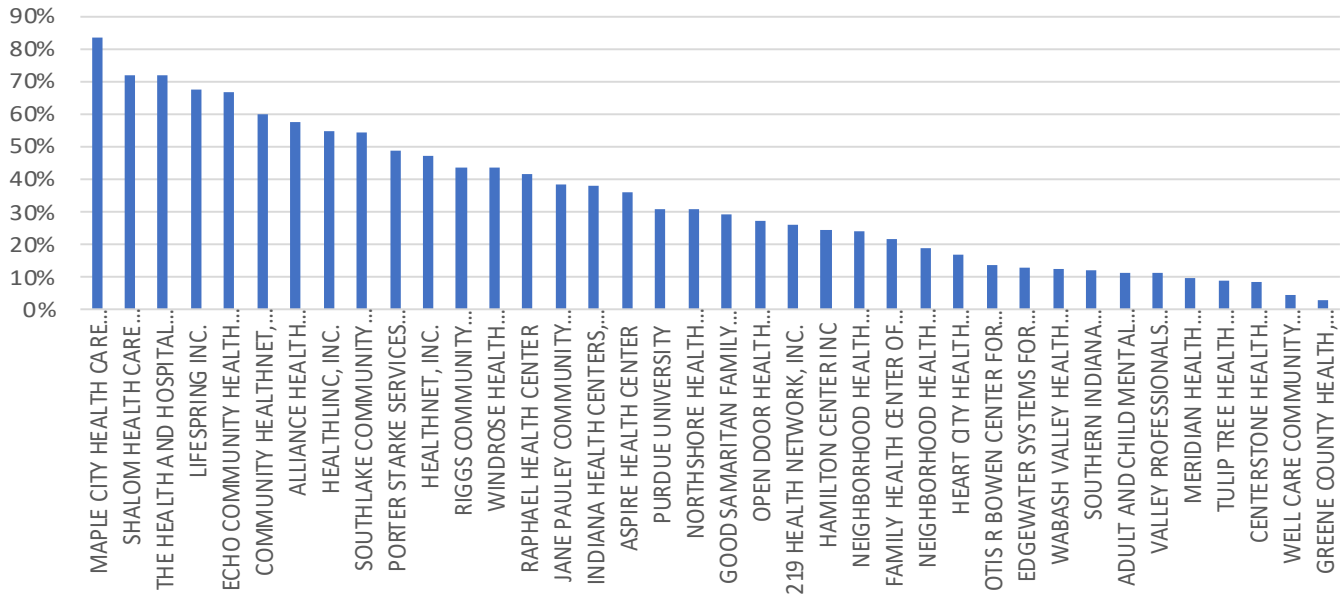
[>>> Click here for all IQIN resources](#)

UDS Data Spotlights: World AIDS Day

Each month, IQIN will be highlighting metrics from the UDS 2022 data. For World AIDS Day we are highlighting data on the importance of screening patients for HIV. [More info here](#) For more data, visit our recently updated [Dashboard](#).



HIV Screening (UDS 2022)



Context: This graph shows the percentage of patients who received an HIV screen during 2022. The denominator of this metric includes all patients ages 15-65 at the start of 2022 who had at least one medical visit during the year. The numerator includes all of those patients with a documented HIV test on or after their 15th birthday and before their 66th birthday. Patients diagnosed with HIV prior to the start of 2022.

Events



December Azara Users Group

December 18 / 9:30 am Eastern

The Azara DRVS Users Group is a quarterly webinar for DRVS users to discuss Azra DRVS features and share best practices.

Please reach out to [Maggie Kroeff Streiff](#) for an invite to the series.



Health IT User Group:

December 12 / 1:00 pm Eastern

The Health IT User Group is a monthly webinar for health center IT staff to learn about best practices, new vendors and information updates related to Health IT.

December's topic will be on UDS+ updates.

Please reach out to [Devan Busenbark](#) for an invite to the series.



RESOURCE BULLETIN

Click here to view all IQIN / QI resources

#HealthHub:

Social Media Content for Your Community



December 1 is World AIDS Day.

Share the social media posts below to raise awareness of HIV among people worldwide and encourage them to get tested and know their prevention options.

>>> Click here to access all the materials



The KLAS Corner

Register using your community health center's provided email address, and you will have access to all the resources KLAS provides.

>>> Click here for more



Digital Front Door Solutions 2023

A Vendor Guide from The Health Management Academy & KLAS Research

The term "digital front door" has become popular in recent years across the healthcare industry. Increasingly, it is used to refer to patient interactions not only before visits but also during and after care. The Health Management Academy and KLAS Research have partnered to create this guide, aimed at helping healthcare organizations understand the market as a whole and their vendor options.

>>> Read more here